

# The Inner Voice

A Source of Light For Unfolding Consciousness • Vol. 12 Issue 10 • October 2024



**Dr. Susan B. Barnes, CSNU**

**Author, Spiritualist, Medium, Spirit Artist**

*Plus...*

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**Orbs Caught on Camera!**

**A phone that calls the Dead?**

**Ghost Stories, Spirit Visitations & more!**



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**LISTEN TO YOUR BODY AND HEAL YOURSELF WITH MATT SCHMIDT**

October 6, 1:00-5:00pm "A life enrichment Workshop to learn self-healing"

**NUMEROLOGY WITH DIANE BLOOM**

October 26, 9:00-4:30.

In this class you will learn the basics of numerology so that at the end of the class you will be able to understand and write charts of your own for friends and family. You will create a numerology chart for yourself by the end of the day. If there is time, Diane will do numerology readings for the class.

**MEDIUMSHIP DEMONSTRATION WITH MIKE POZORSKI**

November 20, 6:30-8:00pm

**SOUL NOURISHMENT & SEASONAL SELF CARE WITH GIGI STAFNE**  
**November 30-December 1, 2024.**

Most of us are craving time away to reflect and reset. This is the perfect weekend getaway to do just that before winter blows in. Dive into a weekend of restoration, nourishment, and natural self care techniques to serve you for a lifetime. Each morning there will be a body and soul focus activity: shedding the emotional and energetic toxins of life; shifting with the seasons and aligning with earth energies; journaling for a more calm, contemplative, and creative life;

handcrafting heartfelt herbal goodness for a special self care kit to take home.

**WHISPERS ON THE WIND SHAMANIC PROGRAM**

Our most popular program is back! Jan. 2-5, April 3-6, June 5-8, and Aug. 21-24, 2025. Must attend all 4 sessions in order. Are you searching for the meaning in your life? Would you like a deeper connection with nature and the spirit world? Join us for an intensive training program in shamanism, energy medicine and self-transformation.

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**SACRED ART WORKSHOP WITH IMELDA ALMQVIST** February 14-17, 2025

**SEIDR NORSE SHAMANISM FOUNDATIONS INTRODUCTION** with Imelda Almqvist  
April 24-27, 2025

**ANCIENT CELTIC IRISH SHAMANISM** with Amantha Murphy from Ireland  
April 12-14, 2025

**PERUVIAN SHAMANISM TRAINING** with José Herrera  
May 29-June 1, July 24-27, Sept. 18-21, Nov. 13-16, 2025. Must attend all 4 sessions in order.

**Check our [website](http://www.glh.as.me) for complete listings of all UPCOMING EVENTS!**

**REIKI LEVEL I TRAINING**  
Oct 27 or Nov. 23 9:00-4:30

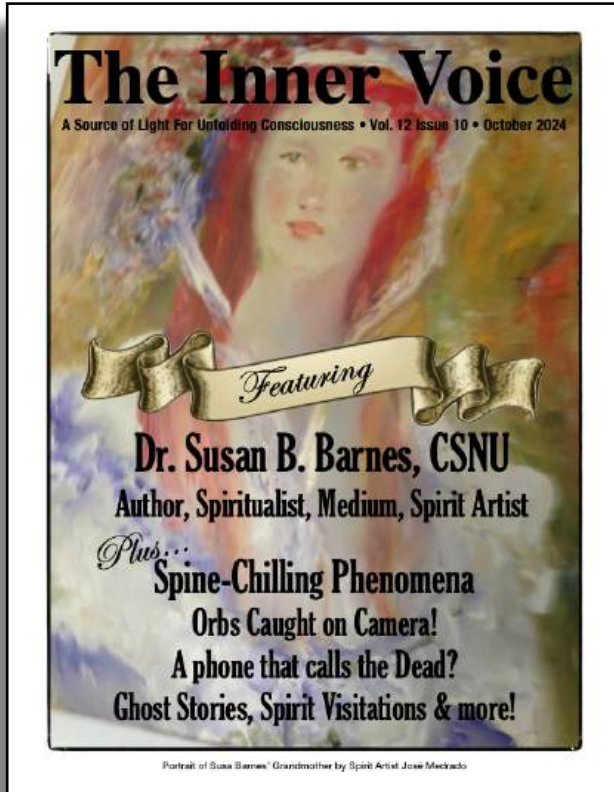
**REIKI LEVEL II TRAINING**  
Nov 24 9:00-4:30

**REIKI MASTER TRAINING**  
Nov 22 9:00-4:30, or contact us to schedule a date, includes apprenticeship.

Lodging options available!



## About the Cover



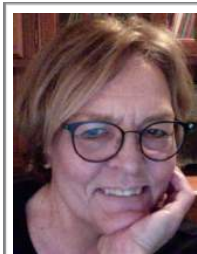
### Mediumistic “spirit art” by José Medrado

Internationally known trance medium Artist José Medrado along with numerous with spirit-helpers, creates paintings in about 10 minutes. While he is in trance, José has created paintings under the influence of masters such as Renoir, Vincent Van Gogh, Claude Monet, Matisse, Gauguin, Cassatt, Da Vinci, Morisot, Manet and others. <https://www.cidadedaluz.com.br/en/jose-medrado/index.html>

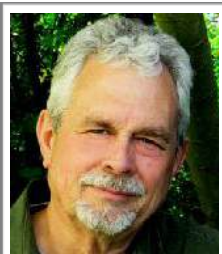


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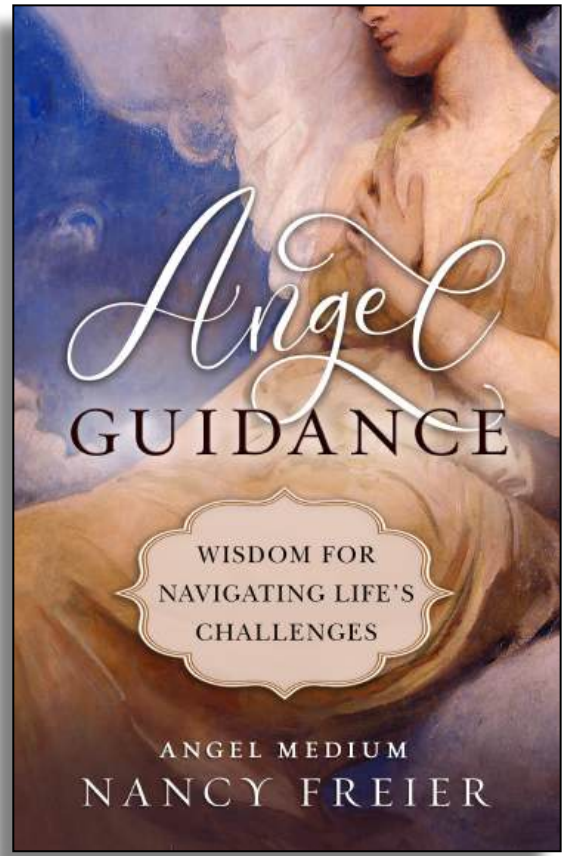
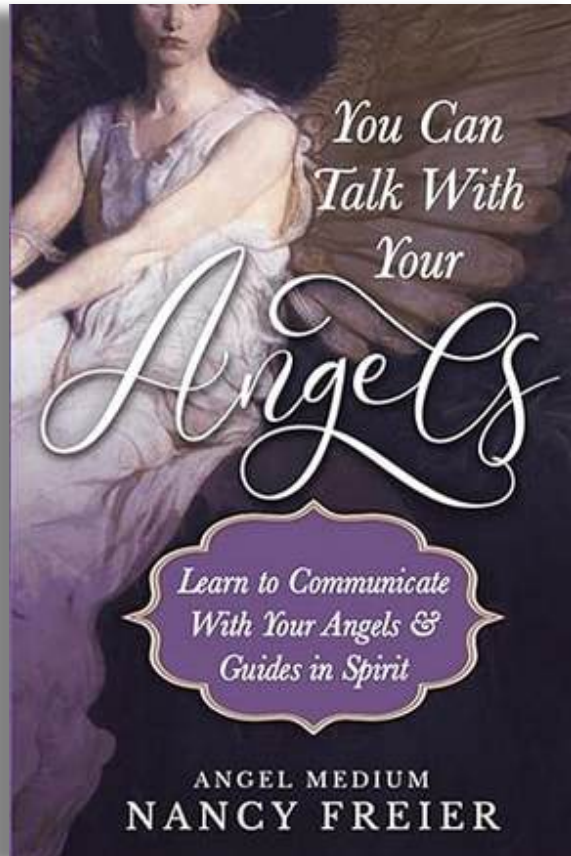
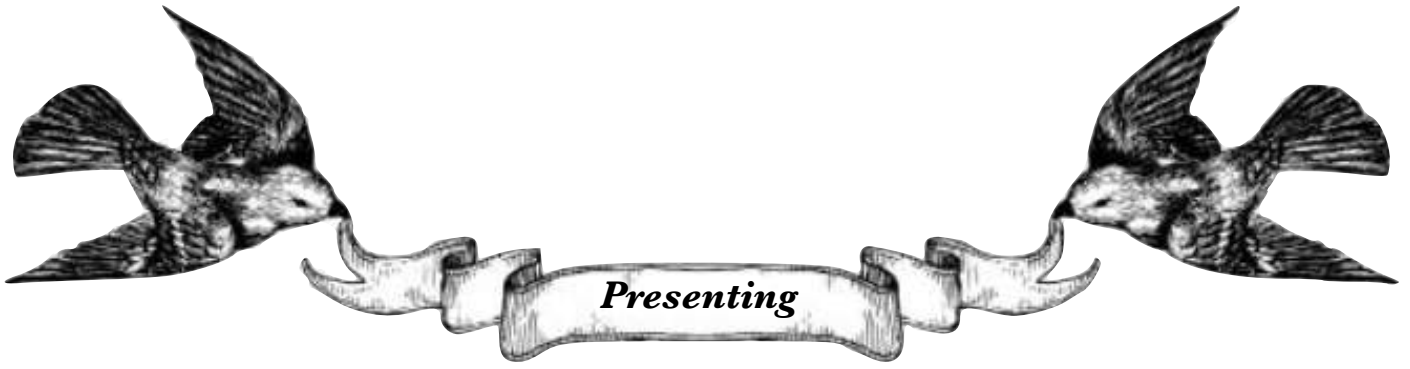


**Beverly Brunelle**  
Consulting Editor



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[You Can Talk With Your Angels](#) (©2024) is published! A long time in the writing, this 171 page book is the culmination of the Author Nancy Freier's inner listening / automatic writing technique she developed over the last three decade of teaching hundreds of students this method. Now the instructions are in this book, that also includes samples of the writings and actual class experiences. Follow the exercises and teach yourself how to talk with your angels! Private tutoring sessions with the author are also available! Email: [NFreier@aol.com](mailto:NFreier@aol.com)

From the Angels to your heart, [Angel Guidance: Wisdom For Navigating Life's Challenges](#) (©2022) is a collection of angelic messages in response to questions people asked over the years. Anyone interested in rising above the fray "to see as God sees" and have solutions to life's problems would love this book. From cover-to-cover, this book is loaded with higher wisdom that will change how you look at things and heal your life. Book is available in Paperback or Kindle.

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## What our kind readers said...

"Just when you thought this magazine couldn't get any better, we have Nancy's [September] issue all about PEACE with articles by members of our community. Plus an exclusive interview with Acclaimed Author Ruth Montgomery (that Nancy and brother Steve Freier did with her in 1995). And as a bonus, another wonderful book review by Steve, this time "The Master's Reincarnation Handbook."~Wendy Zammit

"Your talk tonight, Nancy [9/4/24] was absolutely wonderful! Everyone was so attentive and engaged ... it was just perfect! I really was into *The Inner Voice* this month...had forgotten about Ruth Montgomery. I read her books, but many years ago. I was a member of Spiritual Frontiers Fellowship back in 1975 in Tennessee. Wonderful psychic lady led the group."~Carol Brown

"That was so nice to hear your story and success and much more evidence for what we all believe to be so — 'Home' is the real place — before and afterlife! I could get into a meaningless story about my own efforts along the lines you experienced, but the 'meaningless' part is that I am just too lazy to maintain the discipline — and as you point out, it comes in right away when you ask nicely! My good fortune was getting "Post Mortem Journal" (TE Lawrence) put in my hands by my mother when I was perhaps 17 - having just read *The Seven Pillars of Wisdom*, I knew beyond all doubt this was the same person. And by now have had 60 more years to appreciate this world and our Home. Especially I liked your statements about everything happening for a reason — the early deaths of children are so often those of an advanced spirit reincarnating for the specific purpose of jolting the parents in a positive direction — it saves them so much time recovering from the bad effects of a negative direction. That's powerful stuff, and often very hard to accept. So wonderful to hear it clearly stated."-Best wishes from Giles Tomin

"That Jimi Hendrix quote by my essay...thanks! It's one of my favorites!"~Gordon Phinn

"I could see peace instead of this" is one of my favorite Course in Miracles lessons. I enjoyed your article. Thank you for the long-time friendship and your encouragement and support all these years. You are a blessing to my life and to the lives of hundreds of others."~Patricia Clason

"I just am amazed at your intuitive covers; they are so beautiful. Just had to let you know before I jump in! Thank you for bringing us soul, and I mean Soul Food!"~Christine Brooks

We'd LOVE to hear from you! Please e-mail your comments to: [theinnervoicemagazine@gmail.com](mailto:theinnervoicemagazine@gmail.com)

*Trick or Treat? It's (almost) Halloween!*



*Hello Dear Readers,*

*From beginning to end I love, love, love October. It's been said and I'll say it again, "There are two times of year: October and waiting for October." The leaves turn brilliant colors that fill us up with vibrant energy to seemingly last through the dark days of winter that surely follow. But first, let's celebrate October!*

*This issue has a focus on the supernatural in honor of All Hallows' Eve (Oct. 31) that precedes All Saints Day on Nov. 1 when spirit is celebrated.*

*I have created this issue to tell some of the many Ghost Stories submitted by my contributing writers ~ with the intention of educating all of us that these strange happenings happen! We need to talk about them and bring awareness of the Other Side. If you witness paranormal phenomena, you're not alone. Spirit is very much alive on the planet, walking among us but in an alternate dimension usually not visible to the naked eye, but they are there all the same. Sometimes our worlds overlap and we are given a glimpse of them, and those are what you're about to read ~ including an amazing video of ORBS caught on camera!*

*My special feature this month is an interview I did with Dr. Susan B. Barnes, Author, Spiritualist, Medium, Physical Medium, and Spirit Artist in Lily Dale, New York. Her work and experiences are amazing. You will just love her!*



*Be sure to read the magazine cover-to-cover and decide for yourself about the supernatural...trick-or-treat?*

*Happy Halloween!*

*Nancy*



# Two Real Life Ghost Stories



Unlike what the movie makers in Hollywood would have you believe, ghosts or spirits are nothing to be afraid of. They may startle you as they did with me, but they can be coming to warn you of something. Or they may need help! Unlike the scary movies we see of bloodied ghosts who haunt and chill us to the bone, these entities are really just people without bodies. It's been my experience that ghosts either do not know what happened to them and are confused, or they are delivering a warning.

## Murdered hunter brought a dire warning

I was in our 30 foot RV on a book tour in the year 2000. We were parked at a campground in upstate New York – a place that gave me the creeps. The owner of the campground reminded me of a character in *Deliverance* and I wanted to get out of that place set deep in a woods. The owner glared at us which sent chills up my spine. I wanted to leave but he didn't allow us to back up and basically forced us to stay the night.

We had just finished dinner. I was sitting on the bench at the table when all of a sudden across the table from me was this man! He was 'real' except that I could see right through him! He had salt and pepper hair and a trim beard. He was wearing a red plaid flannel hunting shirt covered with blue jean overalls and suspenders. A white T-shirt peeked through at the neck. He had a calm look on his face while intuitively asked me to help him 'find his way.' I picked up that he had been shot (accidentally? I wasn't sure) in a hunting incident. His image was there for a split second and gone. It took me a minute to figure out what I had just witnessed! Then the thought came that it was no accident – that the campground owner shot him! I also felt that he was

safely on his way to the Light. I told my then partner that we needed to get out of there. We packed up and left that evening, relieved to be down the road.

## Man, girlfriend killed in horrific car crash

I was at a State Park along the Lake Michigan side of Door County, Wisconsin with a friend collecting things to make a spirit stick, when all of a sudden, there appeared in front of me a young man in his late 20s, standing there! He had on jeans, a black jacket and a white T-shirt. He was there for a fraction of a second, then gone! "Did you see that?" I asked my friend. "I just saw a ghost!" As I was describing him, she recalled there had been a fatal car accident near there a few months prior, at Waters End Road just down the beach from where we were! She recalled that the authorities didn't know if it was an accident or a suicide. A young man and his girlfriend both died as their car sped off a dead end road and landed in the waters of Lake Michigan!

His spirit came to me very confused. He didn't know what happened and was looking for his girlfriend! My friend and I were in the midst of (how appropriately) a sacred circle of trees. The sun was setting, shooting brilliant light beams through them. How perfect a setting, I thought. We explained to this man's ghost what happened, then said a prayer and told him to go toward the Light, and he will find his way. We stood there for several minutes until we sensed he was on his way.

A year ago I was up in that area again. I had gotten a copy of the accident report from the county sheriff and wanted to see for myself the site where it occurred. (Read narrative of the accident report below.) I was compelled to go to the site of the accident to be certain he was gone. When I got there, looking out over the lake, I sensed his presence once more, but this time he came to thank me for helping him. Δ



## Narrative of the Accident Report...

"Vehicle was traveling east on Waters End Road. For an unknown reason, vehicle drove off the end of road, struck some rocks and was airborne. Vehicle was found 204 feet from shore in Lake Michigan, turned over and resting with roof on the bottom. A male occupant was found on the bottom of the lake inside a pier area. A second passenger believed to be in the car had not been found. It is unknown at this time who the driver was."



## Angel Guidance Readings

- Personal readings are done using an automatic-writing process influenced by the work of Ruth Montgomery. The information from the Angels and Guides in Spirit offer insight and clarity on any issue or lesson facing you.
- I follow up with a chat with you to discuss the information given in the Reading.
- When necessary to achieve the best results in healing a situation, I offer intuitive healing for the house, correcting any problems in your physical space that may be adversely affecting you.



Schedule your Reading today!

e-mail: [NFreier@aol.com](mailto:NFreier@aol.com)



*You are Welcome to attend the FREE Angel Guidance Zoom Group*

**Sat. Oct. 12 @1pm CST**

11am Pacific • 2pm Eastern  
Sydney/Melbourne 7am Sunday

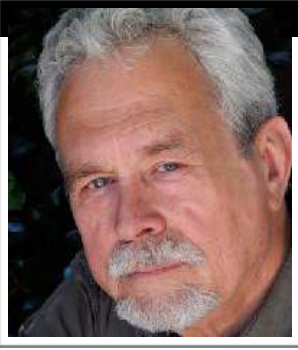
[Click HERE to Join](#)

Angel Medium Nancy Freier leads the group into a growing awareness of Angels and those in the higher realms of Spirit and the ways they guide us through life's challenges. Each meeting is unique. We explore the methods of communication with The Greater Reality, share enriching real-life stories with spirit, and discuss enlightening Q&As about the communication process and the messages we receive. Join this angelic-inspired conversation!



*In 1990 the Angel Sreper told me we'd be "zooming enlightenment around the world." And well, here we are!*





# Arthur and Me

## The True Story of Arthur Conan Doyle Communicating From Beyond The Grave, Culminating in the Foundation of The Sir Arthur Conan Doyle Centre in Edinburgh

Book By Ann Treherne

First a bit of background: The underlying subject of this book is Sir Arthur Conan Doyle who is best-known as the creator of the iconic Sherlock Holmes, “The logical detective” who appeared in dozens of stories and four novels. However, he was also a tireless promoter of Spiritualism and by the end of his life, on July 7, 1930, Arthur Conan Doyle was a fervent believer in Spiritualism, having spent decades researching ghosts, fairies and the paranormal. His fascination with the supernatural grew after his son Kingsley and his younger brother, Innes, died after service in World War I. Conan Doyle attended seances and wrote and lectured on Spiritualism.

Since Sir Arthur Conan Doyle’s most famous and enduring creation was Sherlock Holmes, many people would suspect that Conan Doyle, a trained physician would be inclined to also apply his logic skills to real-life cases involving the detective work necessary in working with proving the validity of mediumship and actual communications with the ‘other side.’

Book author, Ann Treherne left behind a very successful career in banking, (recently being CEO of a subsidiary company of a large, international bank) after having had ‘dramatic and traumatic’ premonitions about future events which subsequently, and tragically came true. This, was her ‘wake-up call’ which caused her to seek answers and ultimately give up her

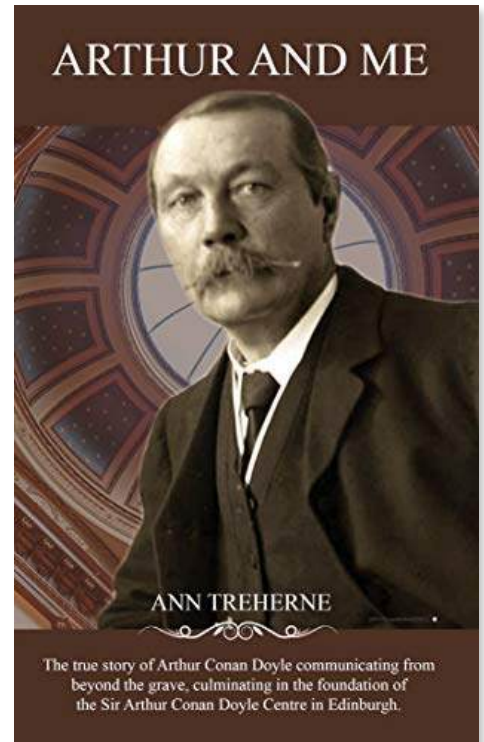
lucrative banking position to become a Paranormal Investigator and focus on developing her new found ‘gift’.

In her quest to find answers, she undertakes her own psychic and mediumistic development by attending various classes and workshops, but also sets up her own small séance circle in order to practice and enhance these skills. It was in this small, weekly group that she eventually came to accept that it was Sir Arthur Conan Doyle who was communicating with her — this, after she dismissed his interventions on several occasions, not having recognized this famous communicator and early promoter of Spiritualism. In other words, even though he is world famous, she did not know who he was until much later.

The book is full of documented evidential details about what Ann’s weekly séance group experienced over a period of a few years, and is truly amazing. It’s backed up by transcripts which adds weight to the book. I couldn’t put it down.

Over time, and under the guidance and leadership of Arthur Conan Doyle, Ann was directed to find a building that would eventually become *The Sir Arthur Conan Doyle Centre* in Edinburgh, his home town. The Sir Arthur Conan Doyle Centre is a centre of excellence and renowned internationally for the development of mediumship and in the holistic and well-being sectors.

As one reviewer stated, “Ann Treherne recounts a page-turner of a life.



[Arthur and Me: The true story of Arthur Conan Doyle communicating from beyond the grave, culminating in the foundation of The Sir Arthur Conan Doyle Centre in Edinburgh.](#)

*She was happily crashing through glass ceilings as CEO of a bank and a career in high finance when a vision came out of nowhere and, as she investigated, changed her life. Help came from unexpected places. Professor Emeritus Archie Roy at Edinburgh University and others led her to founding the Arthur Conan Doyle Centre, and the classes that have inspired so many. The most important research detail is that she found a computer app that measures photons of light traveling at different*

continued on page 9



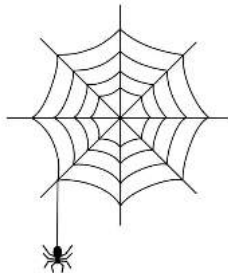


Author Ann Treherne

*frequencies, and the results are hard to ignore. Her credibility as a corporate businesswoman informs her thinking as she travels this unlikely road – another kind of success.”*

Personally, I found the book to be very enjoyable, but a long read due to the somewhat granular details provided from actual transcripts of what was said by the participants in her weekly circles. This book is highly recommended for serious researchers and students of the paranormal and mediumship, a skill sorely lacking in our hyperactive media-centric world. It provides a fascinating read with wonderful validation of proven communications of life after death, and finally that spirit communicates and works along side us. It is a true testament that our beliefs can manifest with spirit guidance, if only asked and listened to.

It’s an incredible account of a test to our belief that *things not seen* do indeed exist around us and in some cases can even be manifested ... with a little help from our Spirit Friends on the Other Side.



**Steve Freier is a researcher of metaphysical subjects and The Inner Voice website design tech. Steve is also a professional video producer specializing in personal and promotional videos in YouTube fashion. Contact Steve here: [sgfreier23@gmail.com](mailto:sgfreier23@gmail.com)**



Above: The Centre in Edinburgh



Arthur Conan Doyle at his desk



# Ammonite: Expanding with Spirals of Awakening

**A**mmonite invites expansion through spirals of

awakening, reflecting the cyclical nature of life. Each turn symbolizes growth, evolution, and new layers of insight. This fall has brought me back to Petoskey State Park, a place that witnessed a pivotal time in my creative journey last year. I camped here with my dog, Koda, while working through the final draft of the *Stones Speak Oracle* guidebook. Koda, new to camping in a campground, was overwhelmed by the sounds, people and pets, just as I was overwhelmed by the writing process. Writing has never been my primary expression, but I was determined to complete this project.

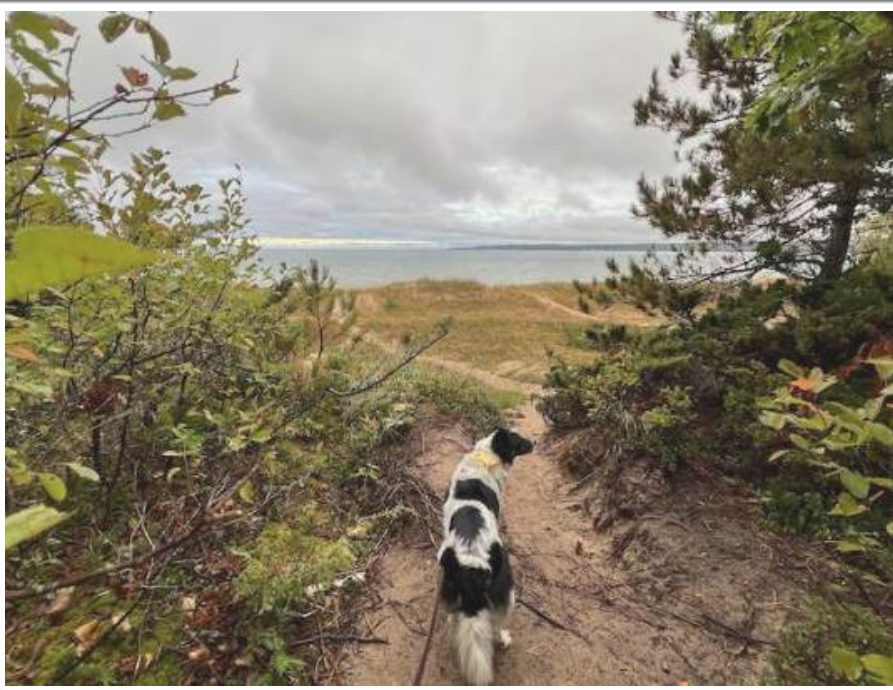
Koda and I navigated our shared sense of overwhelm together, supported by the earth's energy. The land held space for both of us, helping me move through the creative process while Koda adapted to her new surroundings.

One year later, I returned to Petoskey, a place that helped me complete a key step in birthing my oracle deck, and I honored that completion with a ceremony.

## The Wisdom of Ammonite

Ammonite, with its spiral shape, symbolizes the cyclical journey of life. This fossilized mollusk, which lived on earth nearly 400 million years ago, carries ancient wisdom that speaks to the patterns of growth and change. Its shape, reflecting the Fibonacci sequence, embodies the natural unfolding of the spiritual journey—from small beginnings to expanding through growth into harmony and balance.

Ammonite teaches us that our journey is not linear but ever-expanding. Each turn of the spiral offers new opportunities for deeper understanding, reminding us to trust the natural cycles of life. Named after the Egyptian god Ammon (Amun), this stone has long been recognized for its



PHOTOS Courtesy Lori Andrus

connection to ancient wisdom and the unfolding of life's mysteries.

As we navigate our own cycles, Ammonite encourages us to trust that each stage, whether challenging or joyful, is part of our journey toward greater wisdom.

## A Personal Spiral of Growth

As Koda and I hit the trail, navigating a narrow forest path through steep sandy dunes, I carry a piece of Ammonite (the October crystal of the month). The leaves crunching beneath my feet with each step reminds me of nature's continuous cycle of life, death, and rebirth. The leaves, once vibrant, now return to the earth, completing their turn of the wheel, only to nurture what will grow in the spring. I wonder what new beginning is on the horizon.

The spiral has turned, and with it, new layers of insight and healing unfold.

In the same way, Ammonite reminds us that with every perceived ending comes a new beginning, another turn in our journey of growth.

Continued on page 11



Let's Talk Crystals from page 10

Ammonite shows up this month to remind you that you too are walking your own spirals of growth, navigating the challenges and blessings each turn brings. Whether you're facing an ending, beginning, or somewhere in between, Ammonite invites you to embrace these transitions with trust. It reminds you that within every twist lies the potential for wisdom and deeper connection.

#### Ammonite Speaks

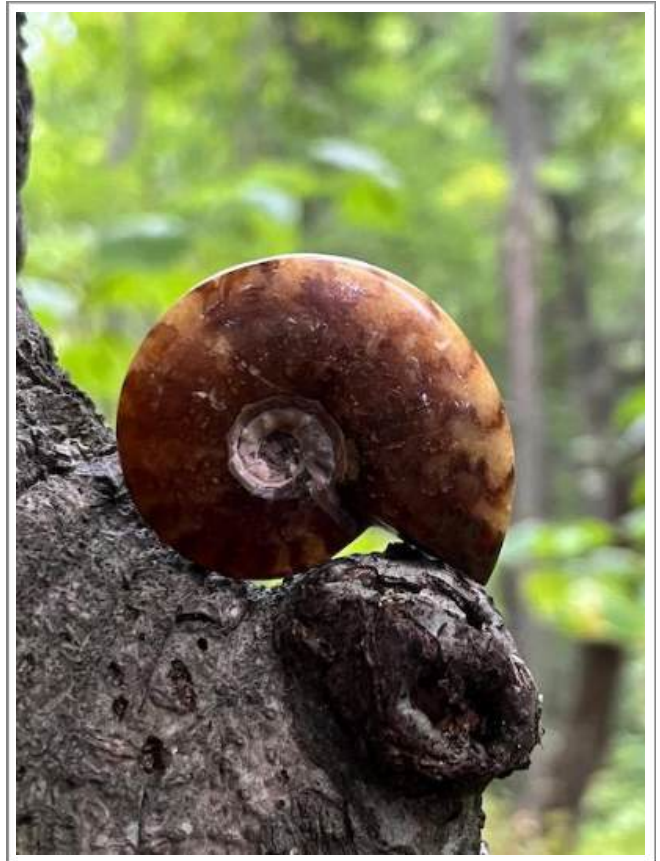
“Take a deep breath, sacred one. You are expanding into your light. This time may feel heavy and challenging, but you've got this. Embrace your wisdom and trust your capacity to navigate this turn of the spiral as you awaken to new wisdom.”


Ammonite's ancient energy holds space for you as you navigate the twists and turns of your own path. It reminds you that with each turn of the spiral, you are becoming more aligned with your true self, shedding the layers that no longer serve you and stepping into your light.

Let Ammonite's wisdom support you through your own spirals of growth. Trust that the earth will carry you through even the hardest turns. With each step, know you are moving closer to the essence of who you truly are.

△

**Rise into your soul wisdom. Discover shamanic practices and crystal rituals for activating your sacred path. Begin today with the Crystal Magic journey: <https://loriaandrus.com/crystal-challenge>**

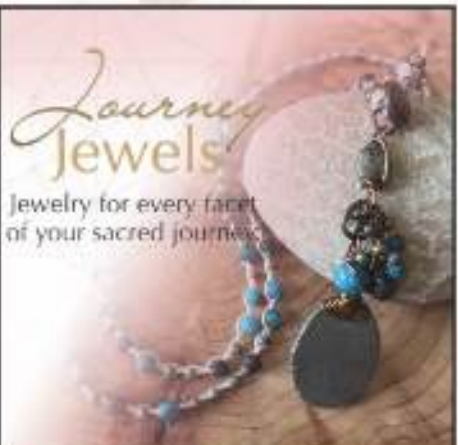

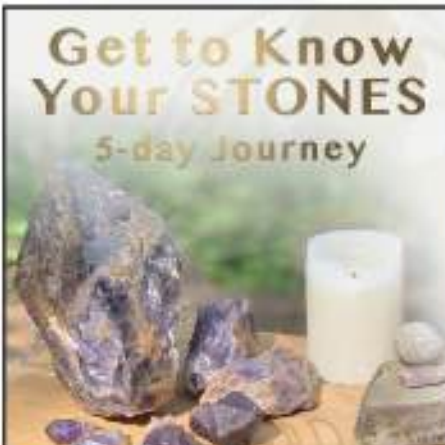




# LORI A ANDRUS

artist. ceremonial guide. wisdom teacher.

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where the crystals & stones come to life,  
offering insight and soulful guidance.



**Let the Stones Speak to You.** [LoriAAndrus.com](https://LoriAAndrus.com)



# Meet Susan B. Barnes, Ph.D. CSNU

## “A Medium with Many Talents”

Dr. Susan B. Barnes is a retired communication professor who taught at Fordham University and the Rochester Institute of Technology. Originally she received a degree in art from the Pratt Institute and became a professional graphic designer in New York City. After losing her business to computers, she obtained her Ph.D. in the Media Ecology Department at NYU. Her research was in computer communications, and she published on this topic. After moving to Rochester, she became interested in Spiritualism and became an international medium and spirit artist.

Susan owns the Spirit Art Gallery in Lily Dale, NY ([www.spiritartgallery.net](http://www.spiritartgallery.net)) where she regularly teaches art classes. She is a certified medium trained in the United States, England and Canada. She is a certificate holder from the Spiritualist National Union (CSNU) and has taught on the SNUi. Currently, she teaches online classes for the Afterlife Research and Education Institute. Her work has been featured in the Psychic Observer and numerous podcasts. Susan is the author of eleven books, including ‘Visual Spirituality,’ ‘Unfolding Physical Mediumship,’ and ‘Visual Communication: From Cave Art to Second Life’ Currently, she is working in the speakers program at A.R.E. ~ Edgar Cayce’s Association for Research and Enlightenment, Inc.

When Susan was in the fifth grade, she began to experience clairsentience. She says that she *just knew things without knowing how she knew them*. She would tell her parents things but they did not believe her premonitions were correct.

“Then, there was one particular event that opened the door to spiritualism. It is now termed ‘a shared death experience’ that I had when I was 16. It put me on the path of spiritual seeking. Shared death experiences (SDEs) were unknown at the time and no one could explain my experience until finally, Spiritualism did, so I joined that church,” Susan said.

It was when I moved from New York City to Rochester, New York that my career in psychic phenomena began. There was a Spiritualist Church in Rochester and that is where I began to develop my intuitive skills. I visited nearby Lily Dale Assembly in Lily Dale, NY the ‘Home of Mediumship and Spiritual Healing’ in 2004 for the first time, and it was there I learned about mediums. So, although I grew up with the Dutch Reformed church, my first ‘religious’ affiliation was with Spiritualism.

And Lily Dale was meant to be for her because, in her words, “I had a vision of a house in the Dale prior to moving there. That house happened to be right across the street from the one I purchased in 2006!”

**Nancy:** That is so cool! What are some of your visions and some of your most memorable cases you’ve had as a Medium?

**Susan:** Often, I turn my visions into drawings or paintings. The mediumistic information comes through my subconscious

*“What I find so interesting about mediumship messages is that so many spirits come back with apologies for things they had done.”*

mind, so I don’t remember much of it. A woman I did a reading for came back to tell me that during the reading, I told her she had her married name all her life. It turned out that the man she thought was her father, wasn’t. Instead, her

birth father had the same last name as her husband. She was rather surprised.

Another time, a family of women came and the father/husband had died. After his death it was discovered he had fathered a son. All the spirit kept saying was, “I didn’t know. I didn’t know.” While he was alive he was not aware of the son. What I find so interesting about mediumship messages is that so many spirits come back with apologies for things they had done. In other cases, mediumship gives people an opportunity to say good-bye to a loved one, when they were not able to on earth.

**Nancy:** Do you think a person is born with mediumistic or psychic gifts? Can they be learned?

**Susan:** Edgar Cayce tells us that we are all born with psychic skills, some are just better at it than others. Once you begin to use your psychic gifts and follow a spiritual path, they can be enhanced. Psychic is not really a learned skill. It, is developed through intention, attunement, and life style. We need to attune ourselves to higher vibrations through meditation and prayer.

**Nancy:** Have you come across skeptics? And if so, how do you deal with them?

**Susan:** Skeptics cannot be convinced of the spirit world and mediumship. I understand that many people think psychic work is from the devil because they are afraid of it. My emphasis is on

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the highest and best and I will tell them so. A quote from the Bible helps. Mostly, I just say, “Let’s agree to disagree” and leave it at that.

### Edgar Cayce’s Work and the A.R.E.

**Nancy:** When and/or how did you become interested in the work of Edgar Cayce, “the Sleeping Prophet?” Was there a particular event that drew you to his work?

**Susan:** In the 1980s, I read all of his books because I was interested in psychic work. Also, I visited Cayce’s Association for Research and Enlightenment (A.R.E.) center and found out that I had ESP. Then in 2021, I wanted to get out of the snow and harsh winters in Lily Dale and started looking for condos in Virginia Beach near the Cayce Center. I could not go into a state that was too warm (over 70 degrees) due to medical issues. Gradually, over the last three years I have become more involved with the A.R.E.

**Nancy:** Have you personally witnessed a healing from Cayce’s readings?

**Susan:** Currently, I am using the Cayce wet cell battery along with a no sugar diet for MS. They are working because I have more energy and my walking is better. Castor oil packs are really helpful for all kinds of things.

**Nancy:** Can you comment on Cayce’s readings method, or how he obtained the information he got for patients?

**Susan:** Cayce was attuned to the higher energies of the God force and Akashic Records. When asked to tune into a person’s soul energy, he could read their records and describe remedies for medical treatments, along with life readings. Cayce would be asked questions and would get replies from the spirit world, usually while he was in a trance state.

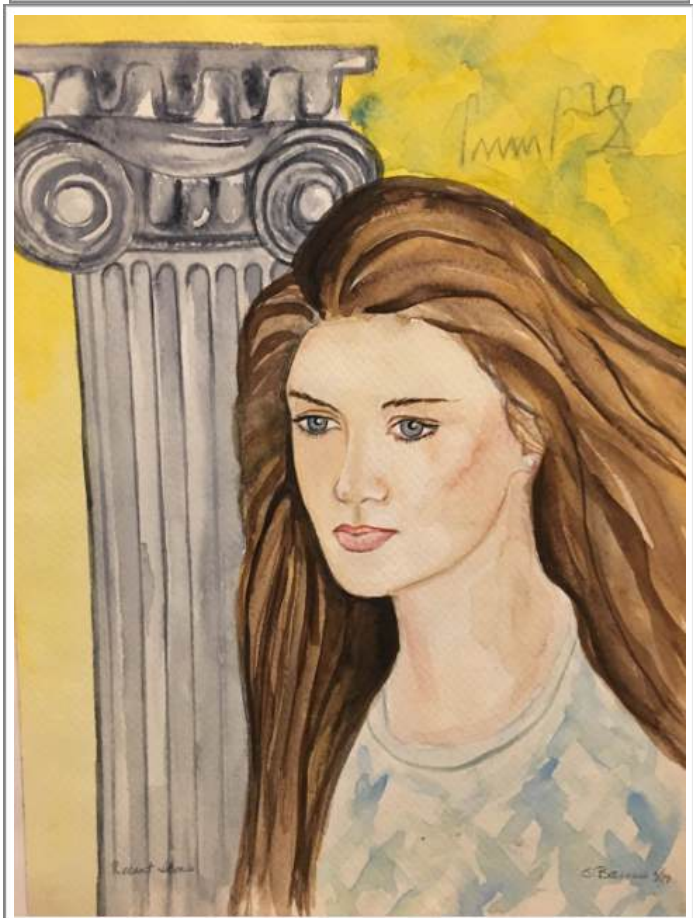
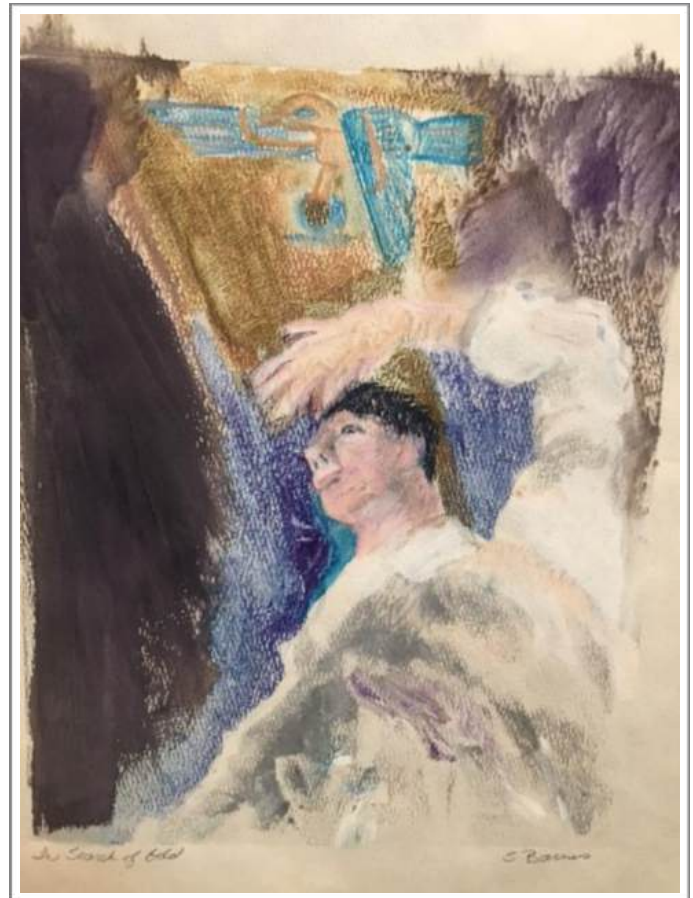
### About Mediumship

**Nancy:** What are the various types of mediumship?

**Susan:** There are two types of mediumship: mental and physical. Under the area of mental mediumship is perceptual and controlled. Perceptual mediumship is mental mediumship most commonly practiced. Controlled mental mediumship is called trance where the medium blends with the spirit entity and allows the spirit to speak through them.

Physical mediumship is the manipulation of physical objects through the creation of ectoplasm, or energy... usually done in a cabinet, a small space in which the medium sits during the séance. The confined space helps to consolidate energy when working with physical mediumship. Cabinets become charged with the medium’s energy. They also can be used to create a dark space because ectoplasm does not like light. It works much better in the dark.

**Nancy:** I understand the trumpet phenomenon was prevalent in the Victorian era of the late 1800s and early 1900s. What exactly is trumpet work?



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Spirit Art: Portraits from the Other Side by Susan Barnes

**Susan:** It is a trumpet-shaped cone, like that of a megaphone, that mediums use to amplify the voice. It can help to project spirit voices created by a direct voice physical medium. The voices don't actually come from the medium. It's not the medium's voice. They can come out of the trumpet that is located somewhere in the room. Physical trumpets may also fly around the séance room!

**Nancy:** Wow, that would be amazing to see! I am curious to know more about the phenomena called "table tipping"?

**Susan:** Table tipping is moving a table to get spirit communication. During a séance you ask the table to show which direction is "Yes" and which is "No" and then you ask it yes or no questions. The tables can also tap out letters of the alphabet to spell words. It can be used in a similar way to the Ouija board.

**Nancy:** Would you explain what is the real difference between that of a 'ghost' and a 'spirit'?

**Susan:** Ghosts are often earthbound spirits that have not moved on to higher levels in the spirit world. When we die, our subconscious mind becomes the conscious one. Depending on a person's level of awareness, one may be able to communicate with people on the earth plane. For example, mediums usually communicate quickly because their subconscious mind has been trained to communicate between worlds.

**Nancy:** I understand that spirits are everywhere around us and that our dimensions overlap. What can we do to sense them, or is that facilitated by them from the Other Side?

**Susan:** We may not want to sense them. Not all spirits are positive. You should strive to be open to uplifting messages from angels, guides, and ascended masters. These are of a higher vibration. Some people do rescue work to move earthbound spirits to the heavenly realm, but this is not something to fool around with. Realize that psychic information is impressed on the

subconscious mind and this can be misinterpreted if a person's intentions are not clear.

### The Upcoming US Election

**Nancy:** With the impending election in the US, has Spirit revealed anything as to the future of our country?

**Susan:** It's funny, I use a pendulum to ask about political issues! Try it for yourself. Last election, it said that Trump would not win. But, the answer may change depending on what happens in the world. This is not exactly spiritual advice. I don't think anyone has asked about the elections when I have been in a trance state. The spirit world generally says something like: "the earth is going through many changes, but you need to have conflict and change to make things better." Spirits' view of the future is always positive.

### Spirit Art

**Nancy:** Having always loved art and art-making, ever since I have met you, been drawn to your spirit art and creating some myself. Can you explain what spirit art is?

**Susan:** Spirit art is allowing the spiritual energies to flow through you to help create visual images. Often these contain messages from your subconscious mind. Divinely inspired guided messages are 'spirit art.' The God force is creative. When doing channeling and creating spirit art, we try to open up our subconscious minds and higher selves to spiritual energies. Once we can get a flow of information, the art and messages come through, either in words or images. These messages can be from the unconscious mind and then I draw or paint what I see.

### Séances

**Nancy:** Long ago when I was still in my teens, I held séances with some friends. We began experimenting with the Ouija Board and got some phenomena that for the most part scared people. Looking back, I didn't know what I didn't know. So, let me ask you, how should one go about having a séance?

**Susan:** This would require too long an explanation for this interview, but for those who are interested in learning more, there are entire chapters in my book: [\*\*Unfolding Physical Mediumship: Historical, Philosophical, and Personal Perspectives.\*\*](#)

In short, make sure that you work with someone who is experienced and knows what they are doing. Séances need to be kept on a positive note with pure intentions. If you do it out of curiosity, you may attract the wrong spirits! Remember that spiritual information is *always* positive. Set spiritual ideals for yourself and follow them.

△

**Please see Susan's ad on page 15  
for more information!**



Susan Barnes teaching a spirit art session at Arthur Findlay College

# Author Dr. Susan B. Barnes, CSNU Spiritualist Medium and Life Coach



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## **Spirit Art**

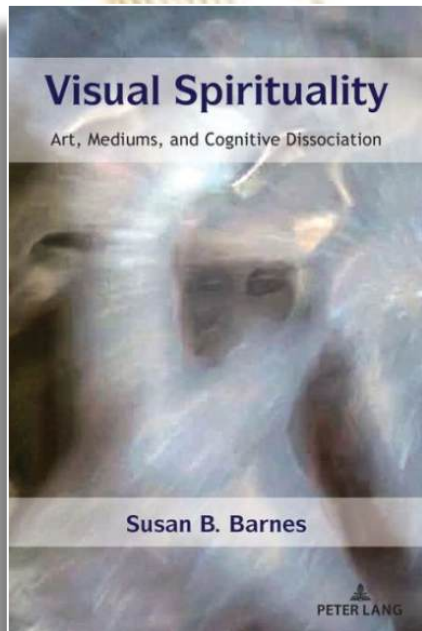
**Tuesday 8pm CST/9pm EST**

## **Mediumship Development**

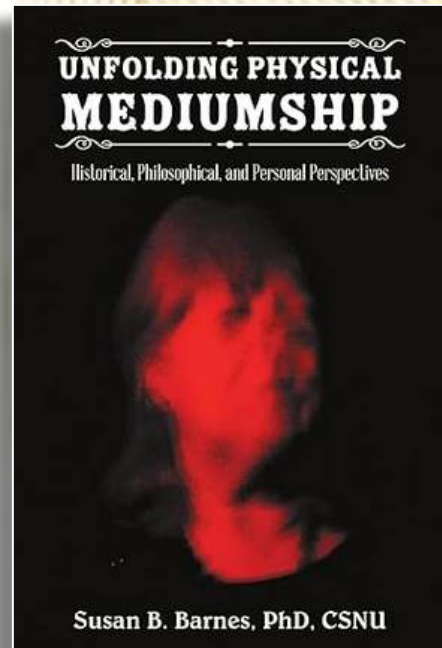
**Sunday noon CST/1pm EST**

**Spiritual awareness** is happening all around us. We are living at a spiritual turning point. As individuals, we are learning how to tune into the spiritual voices of our loved ones and guides. The media has a fixation with mediums, death, and altered consciousness. Throughout these changes, physical mediumship is now becoming more prevalent in contemporary culture. In *Unfolding Physical Mediumship*, Author Susan B. Barnes offers a basic understanding of physical mediumship, its phenomena, and its practices. She provides an overview of the subject with some practical guidelines on how you can experience physical mediumship yourself, also exploring

the philosophy, religion, and science of Spiritualism, which is essential for developing physical mediumship with a spiritual connection. *Unfolding Physical Mediumship* can help you understand the philosophy, religion, and science behind physical mediumship, as well as show you how both mediumship and Spiritualism can play a central role in your daily life. Stanley Krippner wrote, "To its credit, the book is clearly written and contains many stories that would be interesting whether or not a reader accepts the reality of physical mediumship."



[Visual Spirituality](#)



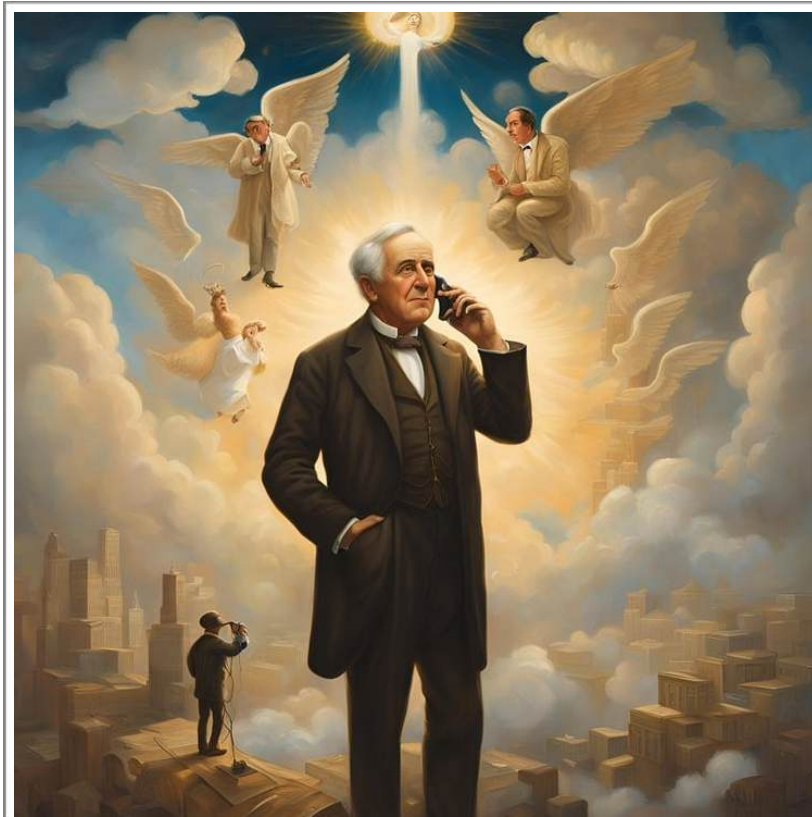
[Unfolding Physical Mediumship](#)

# Edison's 'Other Invention' The Spirit Phone

## The Evolution into Modern Instrumental Transcommunication (ITC)

By Steve Freier

The relationship between science and the metaphysical has long fascinated humanity, sparking curiosity and exploration into the boundaries of life, death, and the afterlife. One of the earliest and most prominent figures to tread this frontier was the legendary inventor Thomas Edison. In the 1920s, Edison hinted at the development of a device he referred to as a "Spirit Phone"—a machine intended to facilitate communication with the dead. While Edison never publicly unveiled a working model, the idea persisted



in the collective imagination. Nearly a century later, modern researchers such as Mark Macy and Dr. Mark Pitstick have taken up the challenge through Instrumental Transcommunication (ITC) and the development of the "Soul Phone," thus continuing Edison's vision in ways previously unimaginable.

### Edison's Spirit Phone: A Visionary's Bold Concept

Thomas Edison, one of the most prolific inventors in history, is best known for his contributions to electric power, the phonograph, and motion pictures. However, his interest in metaphysical phenomena is less widely known. In the 1920s, Edison became intrigued by the idea of life after death, particularly whether consciousness could continue to exist after the body ceased to function. His Spirit Phone was conceptualized as an electrical device capable of picking up on the subtle energies or vibrations that might emanate from disembodied souls.

Edison's philosophy toward the Spirit Phone was grounded in his belief that life, like electricity, could exist in forms not easily detectable by human senses. On October 2, by

instruments. He speculated that, much like radio waves, communication between the living and the dead might be possible with the right device.

While no functional Spirit Phone was ever produced during Edison's lifetime, the mere idea of the device planted the seeds for future experimentation in the realm of communicating with spirits. As technology advanced and society's understanding of electromagnetic fields and sound waves expanded, so too did the possibilities for bridging the gap between science and the paranormal.

### Mark Macy and Instrumental Transcommunication (ITC)

Fast forward to the late twentieth century, and Edison's Spirit Phone concept found a new champion in the work of Mark Macy. A pioneer in the field of Instrumental Transcommunication (ITC), Macy has spent decades exploring how technology could be used to communicate with spirits, building on Edison's original idea.

ITC is the use of modern electronic devices—radios, televisions, and computers—to receive messages from non-physical entities. Researchers working with ITC claim that spirits can manipulate these devices to send voices, images, or even text. Mark Macy's most famous work in this field includes the establishment of the "World ITC" organization, where he and his colleagues documented numerous instances of apparent communication from the afterlife. They claimed to have received not just random sounds or static, but coherent voices, faces appearing on television screens, and even entire conversations with deceased individuals.





From left to right: Mark Pitsick, Mark Macy and Gary Schwartz

Macy's experiments, conducted in collaboration with mediums and technologists, seemed to reveal that certain electronic frequencies could be conducive to spirit communication. He described how specific environmental conditions, such as the Earth's magnetic field, could enhance the clarity of these communications. In many ways, Macy's work represents the closest realization of Edison's vision for the Spirit Phone, with modern electronics serving as the conduit for voices from beyond.

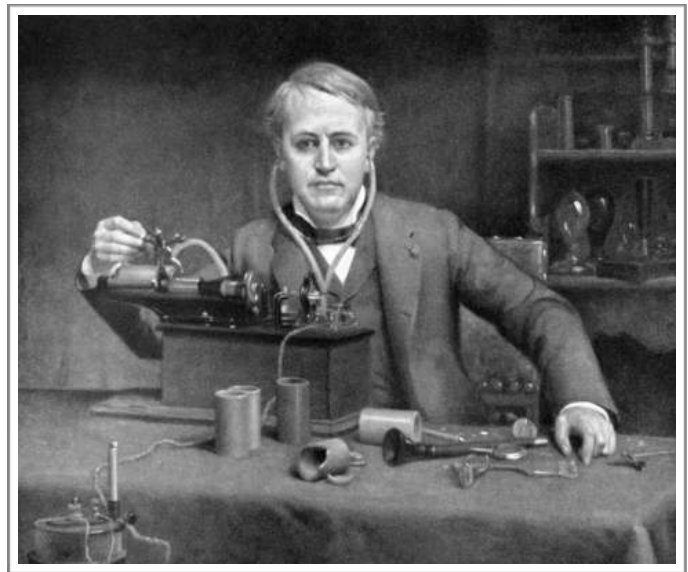
**EVP: The Voice of Spirits**

Another related field that arose from the same metaphysical curiosity is Electronic Voice Phenomenon (EVP). EVP is the study and collection of voices, believed by some to be from spirits, that are captured on electronic recording devices like tape recorders or digital recorders. Unlike ITC, which often involves more complex interactions, EVP generally focuses on inexplicable, disembodied voices found within recordings made in seemingly normal environments.

Though skeptics often attribute these voices to interference, auditory illusions, or stray radio signals, EVP has garnered a dedicated following. Some researchers have even cataloged recurring voices, purported to be of specific individuals, suggesting some degree of consistency in communication. The connection to Edison's Spirit Phone is clear: these researchers seek to scientifically validate the existence of an afterlife through the use of technology, much as Edison envisioned.

**Dr. Mark Pitstick and The Soul Phone: The Next Generation**

In the twenty-first century, Dr. Mark Pitstick, in collaboration with Dr. Gary Schwartz and a team of dedicated scientists, has taken the concept of the Spirit Phone to an entirely new level with the development of the **Soul Phone**. The Soul Phone is being designed to facilitate real-time, reliable communication with deceased individuals using cutting-edge technology. Pitstick's work builds on ITC and EVP research, but he seeks to take it

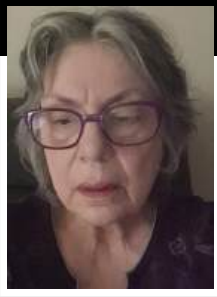


further by creating a standardized device that can provide consistent, testable results.

Dr. Pitstick's vision for the Soul Phone comes from years of work in consciousness studies, survival of consciousness research, and his own personal experiences. His partnership with Dr. Gary Schwartz, a psychologist and energy scientist, focuses on using quantum physics principles to understand how consciousness might persist beyond the physical body. Their team has been developing a prototype that uses advanced electronic sensors to detect interactions with spirit entities, aiming to create a user-friendly device that can be used by anyone.

The Soul Phone concept reflects not just Edison's vision of technological spirit communication but integrates the latest advances in quantum mechanics, bioenergetics, and artificial intelligence. Dr. Pitstick believes that the ability to communicate with the dead through this device could have far-reaching implications for how humans understand life, death, and spirituality. It could provide comfort to grieving families, reduce the fear of death, and offer scientific evidence of an afterlife.

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# I had a Dream with Sir Arthur Conan Doyle

By Linda Roan

**W**e've all heard of evidential mediumship but have you heard of evidential dreams? Because of courses with my teacher Robert Moss of 'Active Dreaming,' I've had a few! One of his techniques is dreaming with a partner or group. During active dreaming you can be asleep, in meditation, awake, listening to drumming or following the guidance of someone. Although we didn't start out with that intention for my guided meditation, was it mediumship when my friend, Bonnie and I met Sir Arthur Conan Doyle, the author of Sherlock Holmes?

Bonnie first guided me to unfamiliar territory, a desert. A horse arrived and I hopped on it and landed on a beach where there was a Victorian-style lamp. As soon as I touched it I found myself walking along a rain soaked street in nineteenth Century London.

I found myself at Euston Station. I got into a train carriage where a man was reading a newspaper dated 1897. Seconds later, I found myself in a horse and carriage; then in a room where the shelves were stuffed with leather bound books. The wood paneling, the floors and massive desk smelled of lavender polish.

I saw two young girls and suddenly became one of them. A heavy, mustachioed man whom I recognized as Sir Arthur Conan Doyle, stood behind the desk which was covered with various

papers. His hand rested on a thick book. He beckoned me over saying, 'Mary,' opened the book and pointed at several simple, small drawings. I began to question my impressions. I knew Doyle was a spiritualist, a friend of Houdini and author of Sherlock Holmes, but he never drew, did he?

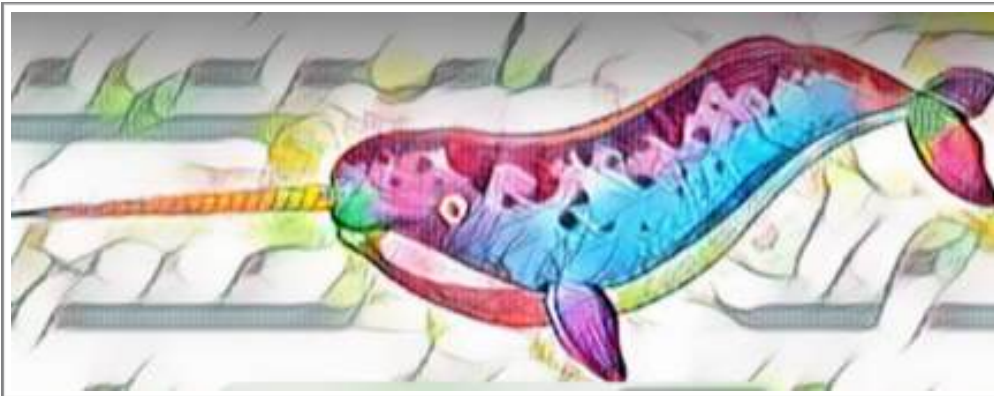
At that moment Bonnie asked if she could join me and I saw her walk through a door to my right, dressed in the costume of

the time. Suddenly I was back on the train, walking in the streets and back on Zoom with my friend.

Together we did some dream archaeology. First, I found, on the Internet, an early scene of Euston Station as it was in my dream. Then, a house called Undershaw, that the Doyle family had lived in during the late 1890s. A shiver went through me when Bonnie pointed out one of Doyle's daughters was called Mary! Two days later I was dumbfounded to see on the



Sir Arthur Conan Doyle's drawing of a Narwhal, a small Arctic whale, the male of which has a long, spirally twisted tusk extending forward from the upper jaw



Compare above drawing by Bonnie Maffei to that of Sir Arthur Conan Doyle. The colored pictures of the same fish and animals were created by Bonnie; and, Doyle's black and white drawings are the ones I saw in my dreams. She also draws her people in a very similar way to Doyle. [https://www.arthur-conan-doyle.com/index.php/Drawings\\_and\\_paintings](https://www.arthur-conan-doyle.com/index.php/Drawings_and_paintings)

website about Doyle, the same drawings he had shown me! But still, was there a reason we had dreamed of Doyle?

Did we have links to him of which we were unaware? Months later I found mine. I'd been researching my history. I was born in a very small area of London known as Marylebone. The spiritualist church there is the same one Doyle attended. Secondly, in meditation, I received a message. Doyle gave me an

continued on page 19

## Dream with Doyle from page 18

ink bottle and quill. I hadn't written since 2017. I've started writing again.

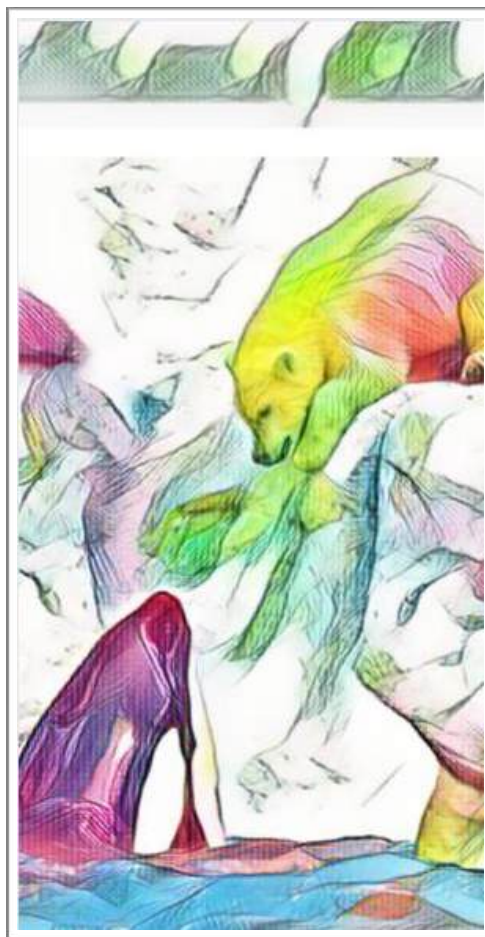
A year later, as I was writing this article, I noticed a remarkable similarity in style between Bonnie's drawings and Doyle's. I sent her the web link and asked her to look at them. Not only were they similar in style, but Bonnie found some drawings where the positions of objects were also the same! I suddenly realized Bonnie, a writer and author herself, had been gifted with an incredible mystery from the Master of Mysteries himself!

△

**About Linda Roan:** Linda has been a hypnotist and art therapist since 2001, specializing in spiritual journeys and pain issues. She is a medium, a psychic and one of Robert Moss's Dream Ambassadors.



Note: Compare the above drawing by Sir Arthur Conan Doyle with that of Linda's friend, Bonnie Maffei on the right. Source of ACD's paintings: [https://www.arthur-conan-doyle.com/index.php/Drawings\\_and\\_paintings](https://www.arthur-conan-doyle.com/index.php/Drawings_and_paintings)



## Edison's Spirit Phone from page 16

Pitstick's team continues to work toward a version of the Soul Phone that is commercially viable, with the hope of releasing it to the public within the next decade.

### A New Paradigm of Life and Death

The Spirit Phone, ITC, EVP, and the Soul Phone all share a common goal: to prove that consciousness persists beyond the body and that technology can serve as a bridge between the living and the dead. Edison's Spirit Phone was a product of its time—a bold, speculative idea during a period when technology was rapidly evolving. Today, through the efforts of researchers like Mark Macy and Dr. Mark Pitstick, we see that this concept has not only endured but evolved into real, tangible technology.

The implications of these advancements go beyond mere curiosity. They challenge the

materialist view of the universe, suggesting that human consciousness could be eternal and that death may not be the end but simply a transition. If the Soul Phone or similar devices prove successful, it could revolutionize humanity's understanding of reality, bringing the spiritual and the scientific into a harmonious new paradigm.

In many ways, this is the fulfillment of Edison's original vision. His Spirit Phone may never have materialized, but the seeds he planted have grown into sophisticated modern efforts to unlock the mysteries of life after death. The work of modern researchers in ITC, EVP, and the Soul Phone stands as a testament to the enduring allure of the unknown and the unquenchable human desire to understand what lies beyond the veil of death.



The Soul Phone, the phone of the future?

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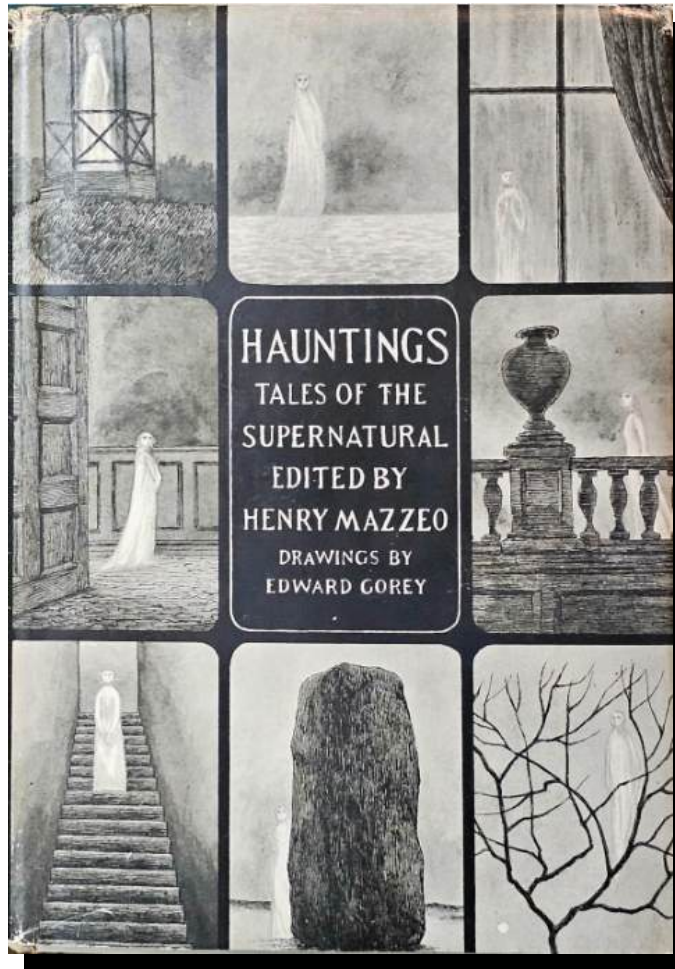
# Hauntings... 'Tales of the Supernatural'



A book of 'spine-chilling' tales ~ Reviewed by Sally Daniels Taylor

October is the time of year when we relish telling ghost stories. There is something in the human condition that finds release in telling tales with a component of unease and fear. Menacing stories give us permission to process emotions and anxieties in an environment of safety. Our uncertainties about what dangers lurk in dark corners, dusty attics, and misty woods are universal themes across global cultures. Questions about what happens after death to both the pious and the wicked continue to grip our collective imagination, so I was delighted to recently happen upon a vintage collection of spooky tales at my local antiques mall titled "Hauntings – Tales of the Supernatural" edited by Henry Mazzeo with drawings by Edward Gorey, published in 1968.

I have always been a fan of Edward Gorey's illustrations, so the still intact, if somewhat worn cover, with panels of Gorey's luminous waifish apparitions first grabbed my eye as I perused the sundry objects sitting on a table in the shop. If you are not familiar with Edward Gorey's work, you might remember his introductory animation for the PBS television series 'Mystery!' hosted by the prince of macabre tales Vincent Price. Each narrative entry in the collection is preceded by three or four of Gorey's densely hatched line drawings which illustrate scenes within the plot. Finding a book with illustrations by one of my favorite



Edited by Henry Mazzeo; Drawings by Edward Gorey

illustration artists was reason enough to pick it up, but upon opening the book, I found ample reasons to purchase what I hoped would be a worthy read.

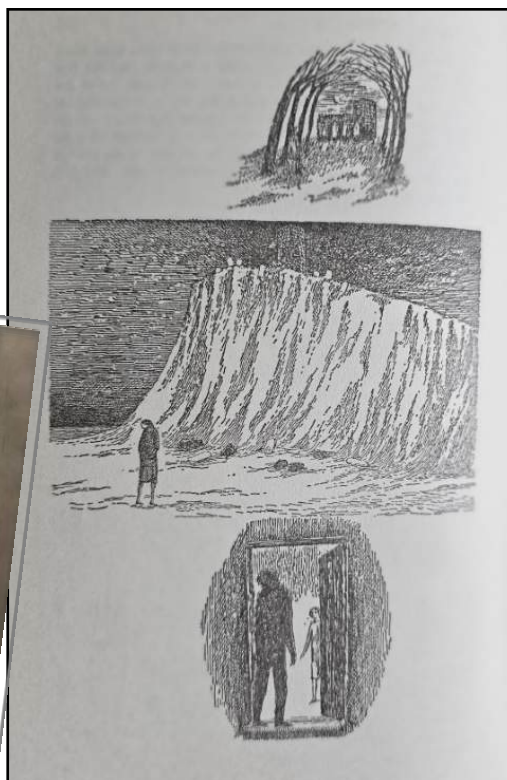
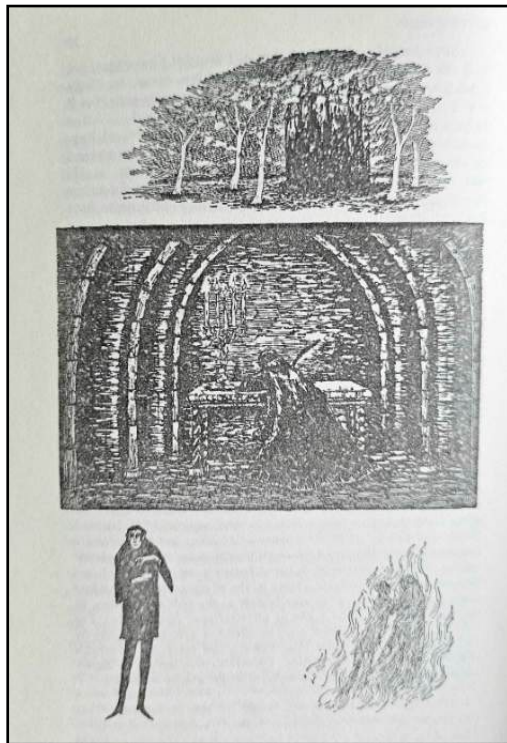
The contents are a collection of 17 eerie short stories of supernatural tales by some of the 19th and 20th century's best-known authors of science fiction, gothic drama, and psychological mystery. The first name that caught my eye on the Contents page was that of Sir Arthur Conan Doyle; recognized, of course, for having written the Sherlock Holmes novels, but also known to be a staunch believer and supporter of Spiritualism and an avid investigator of mediums and afterlife communication. His entry in this collection is the narrative of a reanimated mummy on the grounds of Oxford College. So, while not every story is specifically about ghosts, each piece addresses well established adversaries in the collective human psyche.

Other notable and easily recognized authors include the likes of H. P. Lovecraft who pens the tale, titled "In the Vault," of a vindictive ghost who takes out Old Testament style revenge on his undertaker. The famous American/British novelist Henry James is included in the collection with the short story "The Ghostly Rental," a spectral tale of regret, grief, and deception between a father and daughter. In addition, H. G. Wells, the writer famous for science fiction classics such as "War of the Worlds" and "The Time Machine" contributes "The Stolen

continued on page 17

Body,” a spine-tingling narrative of astral projection, possession, trance mediumship, and tortured souls. A contribution by Edgar Allan Poe would be perfectly at home in this collection, but instead of appearing as a contributing author, the great gothic storyteller and poet shows up instead as a character in “The Man Who Collected Poe,” by Robert Bloch. This story was perhaps, in this reader’s opinion, the best of the collection, and to divulge more than the suggestion that Poe himself would be proud of the story would spoil too much of the suspense and drama of the plot. Read it first...if you dare.

Please remember, dear reader, as with most ghostly tales of the supernatural, all the stories in this collection are fiction, and play upon our natural fears but are not necessarily based on the realities of the themes they explore. Instead, they draw upon our rich history of interaction with the unseen worlds and our own psychological landscapes to imagine the scenarios that cause our hearts to beat faster and chills to run down our spines. Each story can be read in a single sitting. If you frighten easily, consider reading with the lights on and at least three hours before bedtime. Δ



Above: Edward Gorey illustrations

# Beyond This Mortal World

By JA Diogardi

Another time, a distant place,  
And each must wear a different face,  
Yet we often sense that there's a trace  
Of sacred love and of a past  
That nothing in this mortal world  
Ever can erase.

And though complexity is wound  
In karmic threads that hold us bound,  
An ecstatic joy can still resound  
Within the hearts of loving friends,  
Residing in this mortal world  
As it spins around.

We recognized each other when  
We felt the bond that we did then;  
We were happy to connect again!  
But one of us must exit first,  
Departing from this mortal world,  
From our earthly den.

I'm sad to say goodbye, my friend.  
But all my love, to you, I send  
With assurance that, again, we'll spend  
More days together, rich and sweet,  
When back into this mortal world  
Once more we descend.

We come to Earth and then retreat —  
A process we will oft repeat  
'Til the day our journey is complete.  
Then, with each other, we will merge  
In space beyond this mortal world:  
One and All will meet.



JA Diogardi in her own words: “I am a Cosmic Consultant for Change. I inspire, teach, and heal via the vibration of my words.” For more of her writings visit: [www.jadiogardi.com](http://www.jadiogardi.com)



## A Chat with Sir Arthur Conan Doyle

In my psychic memoir *Moving Through Many Dimensions*, there are many interactions with spirits who made their mark in the spheres of culture, religion, politics and metaphysics. Over the years of my OBE explorations of the afterlife realms, my curiosity about humans, communities and landscapes to be found there never diminished. I discovered there is no end to the variety of experiences and life paths to be found there. It is more varied than life on Earth. All of the interactions included in the memoir were translated into text from Youtube videos, recorded by me shortly after nighttime encounters during physical sleep between 4 and 5am. The following is an excerpt from my encounter with Sir Arthur Conan Doyle, author of the Sherlock Homes detective series and practicing spiritualist of the early twentieth century.

**GP:** So good to be chatting with you, Mr. Doyle! I'd like to know, what do you think of our world now?

**ACD:** Well, it surely is in dire straits, is it not? We thought in our day things couldn't get much worse in terms of ruthless behavior, but of course then there was World War II and various smaller wars after that, so it seemed like the fighting has never stopped. And that can be quite depressing. I have to admit we had hoped for much more, buoyed by the enthusiasm from the strong incontrovertible results of mediumship in my day. We felt, somewhat naively, that spiritualism would change the world for the better. And it appears that that has not happened.

Some of us even dared to hope for universal peace breaking out, and while there have been movements in that direction, there is no general consensus amongst the peoples of the world that that should be the case. There is much enmity, rivalry, ruthlessness, and desire to eliminate the enemy at all costs. And we, as spiritualists didn't, we saw mankind as one, all sons of the divine spirit of God.

**GP:** Yes, I understand, and I am sorry to hear of your disappointment. What do you think of the technological developments since your passing?

**ACD:** Well they seem to have helped unite mankind in culture, in international understanding, both with television and films, and now with the internet, people do have a greater idea how their distant neighbors function. But there is also much use of technology for deception and spying. Now I recognize that propaganda and spying have always existed, but perhaps it is naïve to hope, with the increase in the technology of communication that such would go away. If anything, it has increased.

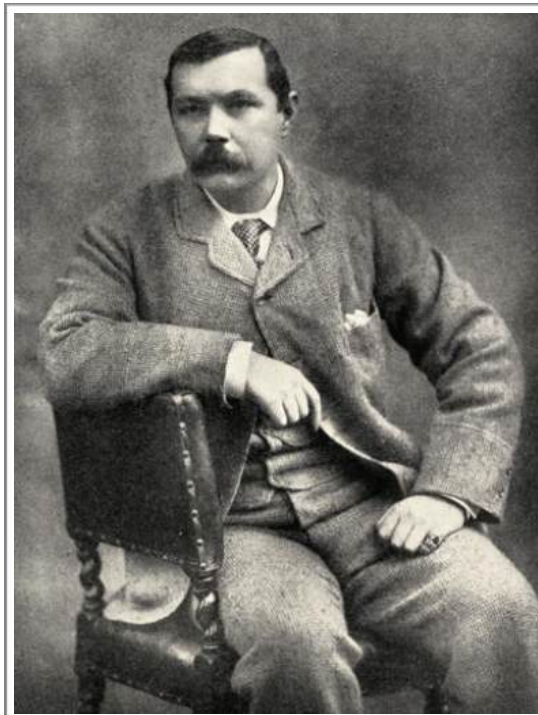
While we from the spirit world look down and see many millions reaching out to each other through these technologies, communicating honestly, sincerely and kindly, there is still a

large minority of mankind using technology for selfish gain, for advantage over their neighbor. We recognize that there is good and bad in all developments, and years ago we were clinging to the hope that the good would outweigh the bad. I have since come to accept that that might not always be the case.

You could say I have become more realistic. I think some would say, when I tune into the thoughts of the lovers of my work, that I explored the bad much more realistically in my literary work than I ever did in my spiritualistic work. But for me once the spectre of death had been removed from my conception of life, I felt immensely thrilled and buoyed up by the prospect of universal communication between the planes. I pushed for that in my writings and speaking engagements. But perhaps Spiritualism in its day and even now, is just another ism, just another sect that aims at spiritual and moral renewal of mankind.

I now look at the goings-on on your plane with a good deal more healthy skepticism. Not skepticism about the ultimate goal of spirit communication and the beneficial effects of it, but how many souls on the planet still wish to use any means necessary to control others. Many in the business and political world do have a materialist outlook, operate on that level and seek to maintain and extend their own status at the expense of all others.

As you say in your modern world, everyone wants to be top dog. And we are disappointed to see this continuing, but we are being realistic about it. Within those of us who follow events closely in your world as I do, we see counter ambitions, you know, reaching out with love and compassion and mercy to those less fortunate than themselves. We see this impulse all over, often in the common man, not just in those business and political leaders who feel this in their hearts. And we are certainly buoyed up by this and do continue all our efforts in making communication easier for those involved in the ongoing efforts. We applaud your continued work in this



Sir Arthur Conan Doyle 1859-1930

continued on page 23

materialist culture that many of you have to cope with.

**GP:** I ask about the possibility of explaining the efforts, the methods they employ to facilitate the work.

**ACD:** Well initially, the technological innovations that the internet embodies, and computers in general, were developed here in spirit and placed in the minds of inventors on earth. And of course, as we suspected, it was initially used for military and intelligence purposes. But idealists did make sure the common man did get access to this innovative communicating technique. So, we were pleased with that in the long run.

And for the rest of us, we try to perform on a regular basis, what I would call, the clearing of energetic pathways, so that the energetic areas around anyone who is practicing communication with psychic abilities, make the path clearer for them, clear away debris and detritus, because there is a lot of it around.

People who practice mediumship know that and try to do their own clearing. But we help out by doing even more on a fairly regular basis. And thus, we can facilitate clearer and clearer contacts between your world and ours. We also assist those newly arrived here in communicating with their loved ones, because, as you know, when you first arrive here it can be

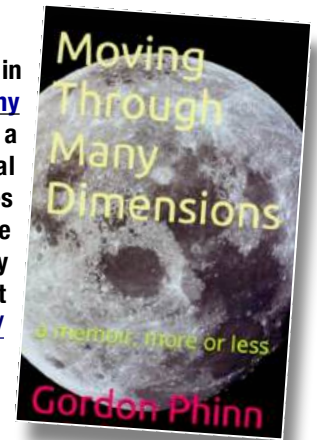
quite difficult. Even in so-called modern times, it's easier than when I passed, but it's still not easy.

**GP:** Are you thinking of reincarnating, Mr. Doyle?

**ACD:** I have considered this deeply but feel that my contribution can be greater if I stay here. And I have no, as you would say, pressing karma to work on and feel that the work I described is more than enough. Although I do feel that I will reincarnate at some point in the future.

△

**Editors Note:** Read full interview in Gordon's book: [Moving Through Many Dimensions](#). Gordon Phinn is a practicing psychic and spiritual counselor, offering many services from his home near Toronto. He facilitates spirit contact, entity removal, distance healing and past life regression. <http://anotherwordofgord.wordpress.com>.



## Things that go bump in the night

### Late Night Garage ORB Caught on Motion Sensor Camera!



<https://www.youtube.com/watch?v=W1kL3av-iXc>

**This phenomena was recorded on September 24, 2024, between 2:17 and 4:17am at my cousin's 'man cave garage' located in the countryside west of Neenah, Wisconsin.**

*"There were 28 appearances during a two hour span for 10 to 20 seconds each. Cameras always trigger phone alerts. No alerts were sent to my phone. This building is off main roads in a commercial subdivision. No residences are near this area and everything is closed at night. This camera does not record bugs. The live feed night vision can show bugs as we see them. The cameras have had no false alerts from bugs. There are no bugs, no birds, no street or car lights and nothing is operating inside including fans, motors or other lights, especially at this hour. I do not know what this is."*~Jon Freier E-mail your comments to: [theinnervoicemagazine@gmail.com](mailto:theinnervoicemagazine@gmail.com)



# Ghost Stories



**By Sheila Lowe**

I don't have a memory of this event, but I was told that when I was three years old, my parents found me in the middle of the night, sitting alone on the living room couch. When they asked what I was doing there, I said, "Grandpa Max died!"

The next morning, they learned that my father's father, my Grandpa Max, had indeed crossed over! He was in his mid-70s, younger than I am now. Δ

A few days after my daughter was killed by her boyfriend, I clearly saw her walk past my kitchen door. She had already tried calling on my cell phone and landline, but all I could hear was static and a faraway voice. I wish I knew what she was saying—probably how mad she was to have her life cut short at 27. A year later, I was at Dr. Gary Schwartz' Afterlife conference. Returning from an early lunch, I was alone in the meeting room. Outside my head, near my ear, I heard, her calling, "Mom! Mom!" For a long time, I was blessed with many such events. Δ

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Global Gathering Coordinator

Wendy Zammit [wendyzammit@gmail.com](mailto:wendyzammit@gmail.com)

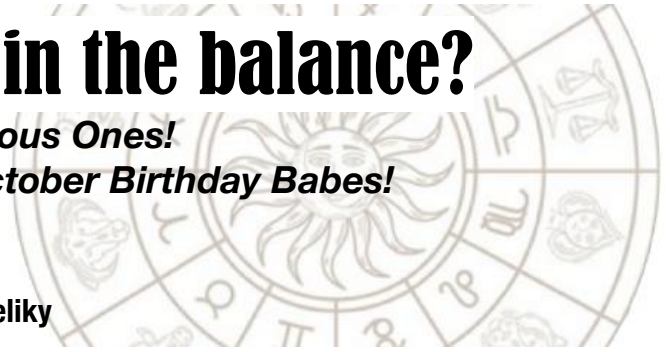


# What weighs in the balance?

*Greetings Cosmic Curious Ones!*

*Happy Solar Return October Birthday Babes!*

Written By Andria Nikoupolis Weliky



**W**e step into October and are greeted on the second of the month by a Solar Eclipse at 10 degrees of Libra. Eclipses grant great beginnings and great endings; a Solar Eclipse, being a New Moon in the sign of balance, invites bridge building, leveling the playing field and peaceful, equitable contracts. You may be questioning your trajectory and looking to venture down a new path. Take this time to weigh things out and consult your inner knowing.

October 4, Venus trine Saturn ~ Goddess of love, beauty and resources is in a flowing energy with Saturn bringing a sense of fairness, structure and stability to matters of the heart and financial endeavors. Sorting out any squabbles at this time will be met with clarity, a-matter-of-fact objective view and a harmonious hand shake.

October 6, Mercury Square Mars ~ Irritable, agitated, and perturbed are all emotions that may arise with this fiery transit or ignite angered thoughts; words may fly like a fire storm or create the stage for misunderstandings when it comes to the tone of our language. A good idea to take a step back and take a breath before engaging.

October 8, Venus trine Mars ~ Coming off of the previous Mercury / Mars Square, this Venusian trine is a cooling salve to any harsh words that may have had you in the dog house or sitting with your foot in your mouth. With Venus in Scorpio and Mars in Cancer, the cosmic lovers come together with a passionate embrace.

October 8, Mercury trine Jupiter ~ A heightened level of thought and optimism surrounds this transit and opens the mind, great for study, research and you may find yourself blessed with a jackpot of positive information.

October 9, Jupiter

stations retrograde ~ Zeus puts the hearse in reverse when Jupiter stations retrograde. Please pardon this statement, I couldn't resist with the season of Samhain. We may feel at a bit of a standstill and our faith is on the table, under assessment or appraisal. Where is our devotion and what is calling to us? Are we willing to take that trust-fall and go for it?

October 10, First quarter Moon in Capricorn ~ A first glimpse at seeds sprouting from New Moon intentions, goals are starting to grow legs.

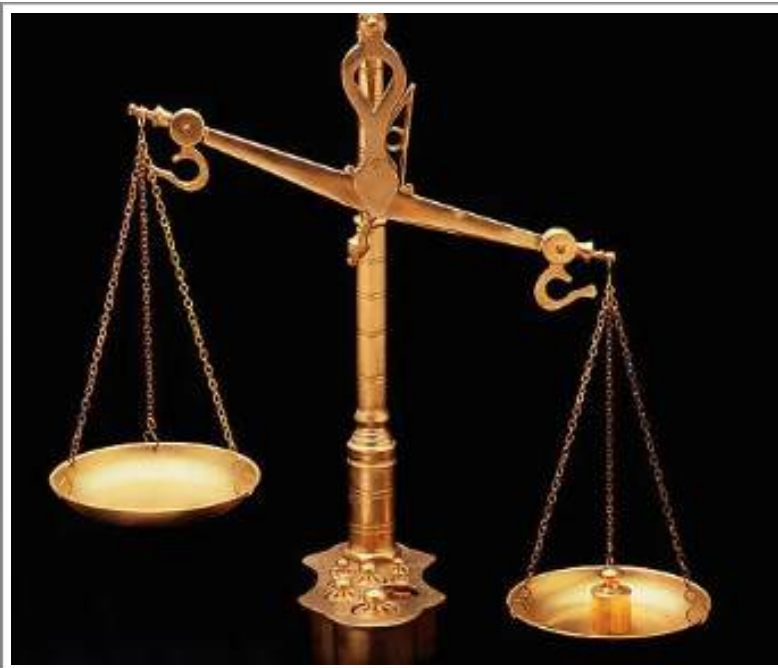
October 11, Pluto stations direct ~ Reflecting back to May 2 when Pluto stationed retrograde, what was put on hold? This is the last forward sweep for Pluto in the sign of Capricorn before he takes up his twenty year residency in Aquarius. What tasks are you being called to conclude and wrap up with great tenacity?

October 13, Sun trine retrograde Jupiter ~ A good time to envision, plan and dream, maybe even vision board and then practice patience and an extra dose of trust, knowing and believing that the "not yet" will certainly turn into a "Yes, now!"

October 14, Sun squares Mars ~ Your strengths are challenged, lead with a fierce conviction, the spirit of a pioneer, and keep your eye on the prize!

October 15, Venus trine Neptune ~ This energy may find you wanting to take the long way home, savor the scenic route, and get lost in a daydream of creative bliss. Peace and compassion are in the air.

October 17, Full Moon in Aries ~ A fruiting of great will and determination, this Aries Full Moon may stir up the heat or pressure to persevere through anything.



Scales, representing Libra, the sign of balance, harmony, relating.

Continued on page 25

October 22, Sun square Pluto ~ Authority struggles, power plays or pressure cookers, your strengths, when being faced with these types of challenges, will be confirmed.

**October 22, Sun enters Scorpio ~ Happy Scorpio Season!**

October 24, Last Quarter Moon in Leo ~ With all the intensities of the month, retrogrades and challenging aspects, this last quarter moon in Leo brings the heart of a lion; I'm hearing the song by the Black-Eyed-Peas, "Where is the love?"

October 28, Venus square Saturn ~ A cold shoulder given or received may have us wanting to be alone, check on those who are alone and know that this too shall pass.

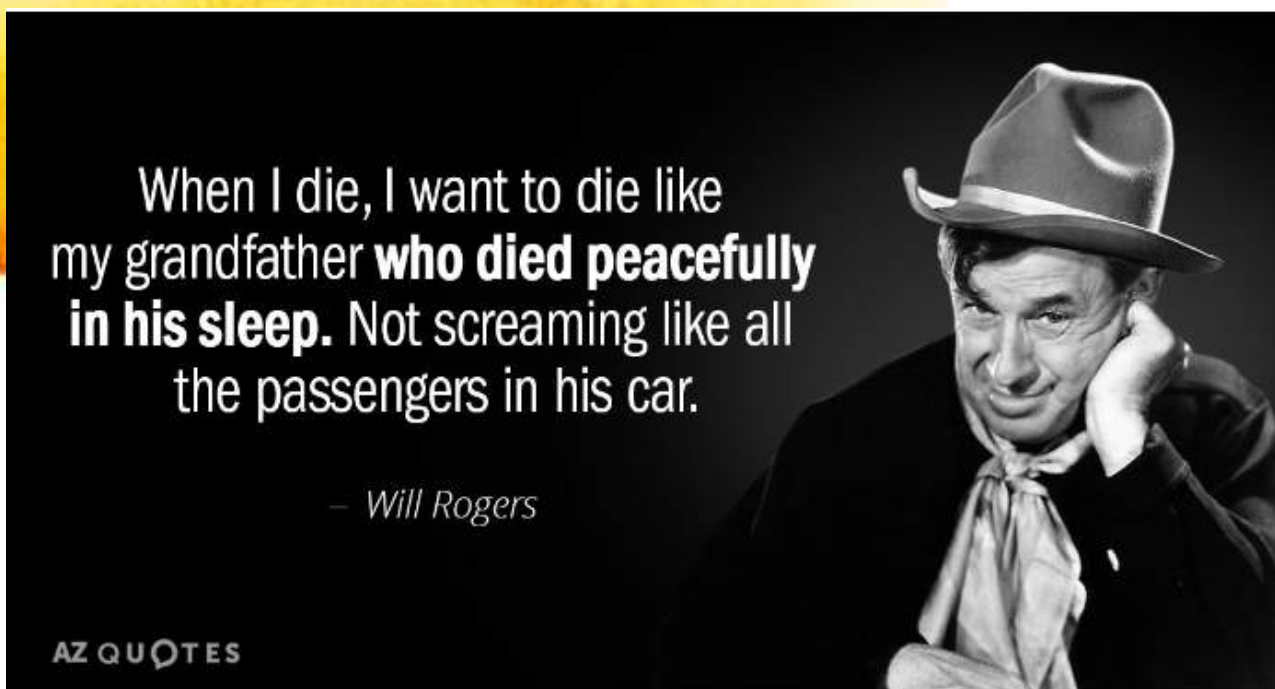
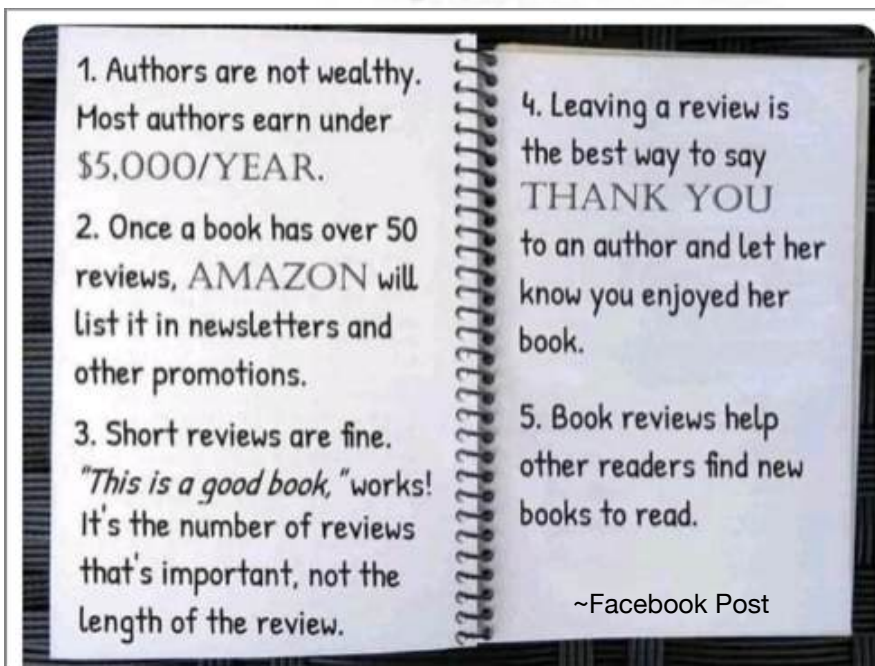
October 30, Mercury opposes Uranus ~ A quick tongue, hasty words and surprising messages may be buzzing around today; any edits will be clearer once this energy passes.

October 30, Mercury trine Neptune, a great transit for All Hallows' Eve, this energy invites a prolific imagination, perfect for creating your favorite alter-ego.

Δ

Curious about the information of placements and points in your own NatalChar? Reach out to Andria at: [andria@emeraldionalchemy.com](mailto:andria@emeraldionalchemy.com).

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# Dancing on their Graves!

**N**ew England is known for its very old cemeteries. Many are small, on private lands, the last

landing place for family. Others are larger ancient township cemeteries.

I love wandering through reading historical tombstones. Some give details of the person's origins, life and family. Some tell how they died. When I walk these sacred ancestral grounds I seek out markers dating back to the 1600 and 1700s. I tune into unseen energies still alive in the silence. I am often humbled, amazed and deeply touched.

I was invited to do an energy clearing on a business property that was once a family farm in New Hampshire. We began in the original stone walled basement where we discovered traumatized spirits "stuck" in between worlds. They did not know they had died. With compassion, curiosity and clear communication, I used quantum energy work to clear the trauma and set them free into higher realms. We all felt the basement clear of interfering spirits.

On our way up to the second floor, they pointed out a small cemetery surrounded by a black iron rail located on a hill. Although the cemetery dated back several hundred years, it still was in use by the family. We tuned in to sense the cemetery's energy. I started to laugh! I saw images of different ages of

people in old time country clothes ecstatically dancing inside the graveyard area! I was so surprised!

I had never witnessed such a celebration before in a cemetery. My 'detectives' were amazed and delighted. They reported that they had never felt any negativity from the graveyard in all their years working on the property. They were just curious what role it was playing with their business. The spirits gave timely and deeply moving messages directly for our detective team. One being: "Lighten up, dance where you are."

I tuned in deeper to notice several people buried there. They believed they were trapped in their spot in the earth, dead, unable to move or to "think outside the box" of their immediate grave location. I did energy clearing to free them from these limitations. They joined the ongoing party above ground. I told them all they could be in even higher vibrational states beyond the earth plane and still continue their celebrations. We all felt the energy rise to a higher vibe. We felt delighted and honored to be privy to this joyous after death celebration of ancestors who were literally dancing on their graves!

Upstairs there were reports of loud noises and closet doors that were "stuck" shut opening on their own. We checked out the locations. I found a woman spirit in one of the closets. I asked if she had a message for us. She said something like: *You*

Continued on page 29

## Energy Clearing to Raise the Frequency of Your Home, Office, Business and Property



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are wiser than you let yourself know. You are freer and stronger than you let yourself be. Step out of the closet of your limiting perceptions. There is much for you to explore and bring into the world in your unique ways.

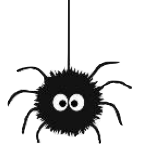
Her powerful transmission evoked emotion. Some team members had tears flowing. I thanked her spirit and guided her to rise to the highest frequencies. We felt a lift off, a lightening in the room.

Land and buildings hold energies of the people and experiences that once were there, and still are. The traumas, emotions, and beliefs of the "past" affect businesses, homes, relationships, health, finances, etc., of those currently living in that same location. With respect, quantum energy clearing can heal unresolved issues, clear trauma energy, and set the spirits free to the highest vibrational frequencies possible. ALL Beings, in all time, benefit.

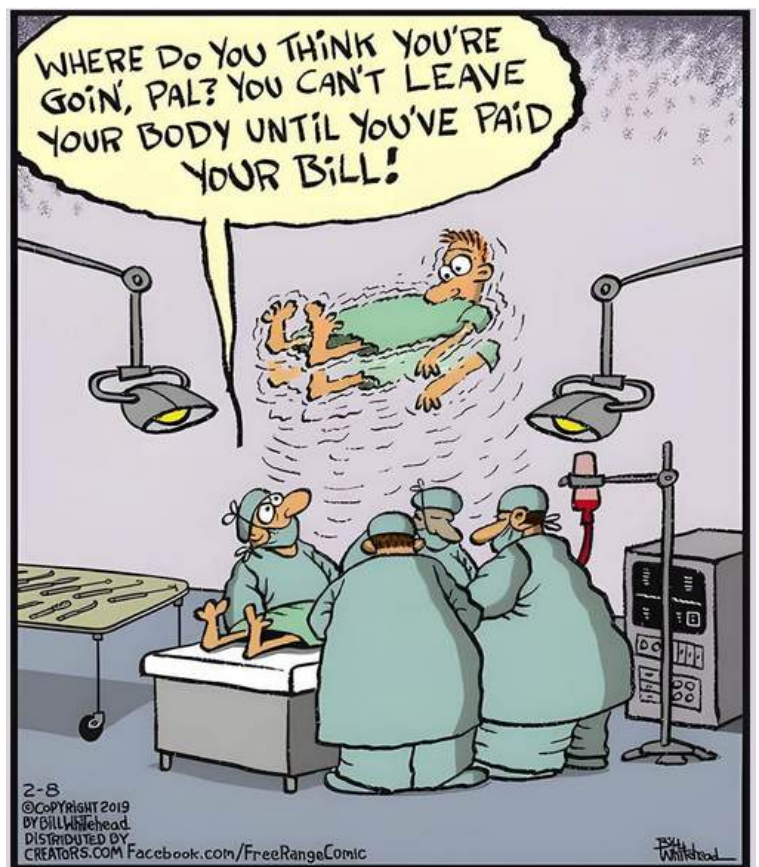
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**Beverly Brunelle is an Intuitive, master quantum energy healer, channel, teacher, writer, author, and speaker. Her passion is waking up the inner mystic by raising the frequencies of clients, their environments and properties so that more functional new creative possibilities emerge, relationships are enriched with deeper authentic presence. Learn more & schedule a session: [www.beverlybrunelle.com](http://www.beverlybrunelle.com)**

See Bev's podcasts here! <https://www.youtube.com/@beverlybrunelle3981/videos>



## For the FUN of it





# I am a Forever Spirit

Yesterday a colleague referenced a phrase I'd not heard before ~ "Forever Spirit". She said it was an aboriginal phrase meaning we "Are Spirit" rather than "We Have a Spirit". This is one of the most difficult concepts for any of us to hold because with our normal linear perception things are objects and there is an "Us" and then everything else is "Other." So it is easy to feel that we have a "Spirit" rather than "We are Forever Spirit".

I think in these difficult times when we see so much death in earthquakes and on the news everyday. It is somehow reassuring that we are "Forever Spirit's" that we don't just die with our physical bodies, but live on.

There has been so much written over the millennia about what happens when we die, but I still come back to my own spiritual teacher. Mentor's suggestion that there is an observation mode when we first leave our bodies where we collect ourselves, and get use to the new terrain, so to speak. While we are aware of our previous life ~ it only registers

through the people we've loved and who have loved us. Love is the only tracking device

Then when our own "True Self" chooses, we relax into the "Great Universal Consciousness" our "Expanded Self" and merge with the great sea of all that is. And then miraculously at some point, we awaken and are drawn back toward a physical incarnation, picking up a new personality and the familiar stories, traits and challenges we've been working on all along.

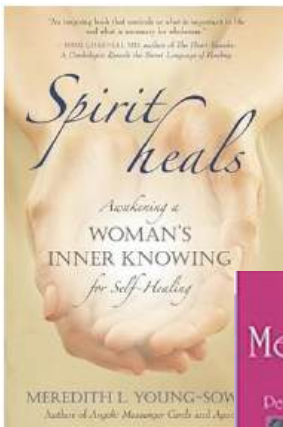
When I see death and destruction and hear about the painful physical challenges of those I love and within my own family, I try to hold in my mind that there is more than we can see and know with our personal view and that we are all ~ always going to be "Forever Spirits".

## ~Meditation~

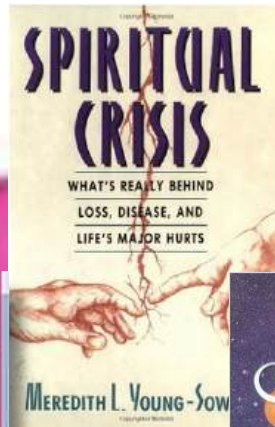
*As you place your hands over your Deep Heart with me today, and say to yourself, "I am a Forever Spirit. I am a Forever Spirit. I am a Forever Spirit"*



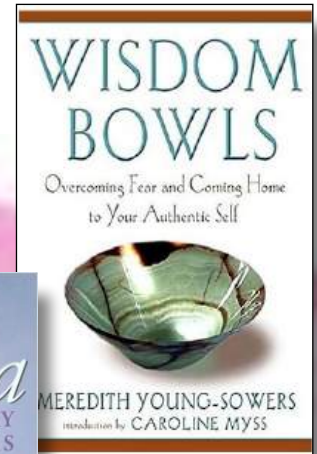
Meredith is the author of several books and the ever-popular Angelic Messenger Cards. e-mail: [mysowers@gmail.com](mailto:mysowers@gmail.com)



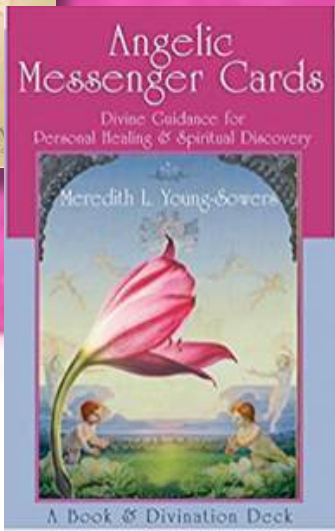
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## The Arrival (A Play in One Act)

This is a short play about 'Chris' who has died and a meeting with his guide on the Other Side. Scene: His Guide is seated on a bench in a garden where the flowers glow from within. Enter Chris.

**G**uide: Welcome, Chris, I've been waiting for you.  
Chris: Why...you're the guide from my meditations. You know, I didn't expect to be dead so soon. It surprised me. Well, I guess I'm not dead but transitioned.

Guide: Yes, you look very much alive to me and, by the way, you passed at exactly the time you had planned on before coming into the body. (*Gestures to Chris to sit*)

Chris (*Sits*): I'm vaguely remembering that now. I have to say, I'm kind of wondering if I got things right in the life I just left. I'm really concerned about my soul evolution.

Guide: There's no need for concern. You laid out a life plan for yourself before you came into the body, and you followed it beautifully, even if you weren't aware of it. It never was a matter of getting it right, as you say, but going through various experiences in the duality to further expand who you really are.

Chris: But what about my soul evolution? I have to...

Guide: Please understand, soul evolution is a human concept that has no meaning here. Evolution requires time and there is no time here. We exist in the eternal now. Also, what you thought of as evolution is actually expansion which we do here eternally, in fact, we can't help it. It's just the way it is. God is ever expanding, all spirits are ever expanding, and so are you. We do this through having experiences. That's what your Earth incarnation was about.

Chris: But don't I have to reincarnate to evolve so I can become perfect to truly become one with God?

Guide: Whether or not you reincarnate is totally up to you. We have no requirements here. Besides, you're already perfect so there's no need to evolve into it. It's just that right now you don't remember, but it'll come to you.

Chris: Why don't I know that now?

Guide: You could if you had decided that was your path in the pre-birth planning process, but you decided to work in a particular relationship to the Earth density that would only allow you to see so much upon passing.

Chris: Why did I do that?

Guide: You're all about expanding all of who you really are and part of that process is discovery which you, and countless others, find fascinating. If you remembered everything upon transitioning, there would be a lot less yet to discover. You wanted to continue discovering even after leaving the Earth.

Chris: Hmm, somehow, I resonate with that.

Guide: You're beginning to remember.

Chris: Is that going to take a while?

Guide: How long it takes doesn't matter when you're in the eternal now. We have no goals here. We only expand.

Chris: Speaking of experiences, there was one I was hoping to have while in the body and that was with the Christ consciousness. Is that possible here?

Guide: Of course! We have no boundaries.

How about this? Would you like to experience it with Jesus, the Christ?

Chris: Jesus? Now?

Guide: Yes, right now, and personally.

Chris: But, but aren't there, like, thousands and thousands who want to meet him? I just got here. How...

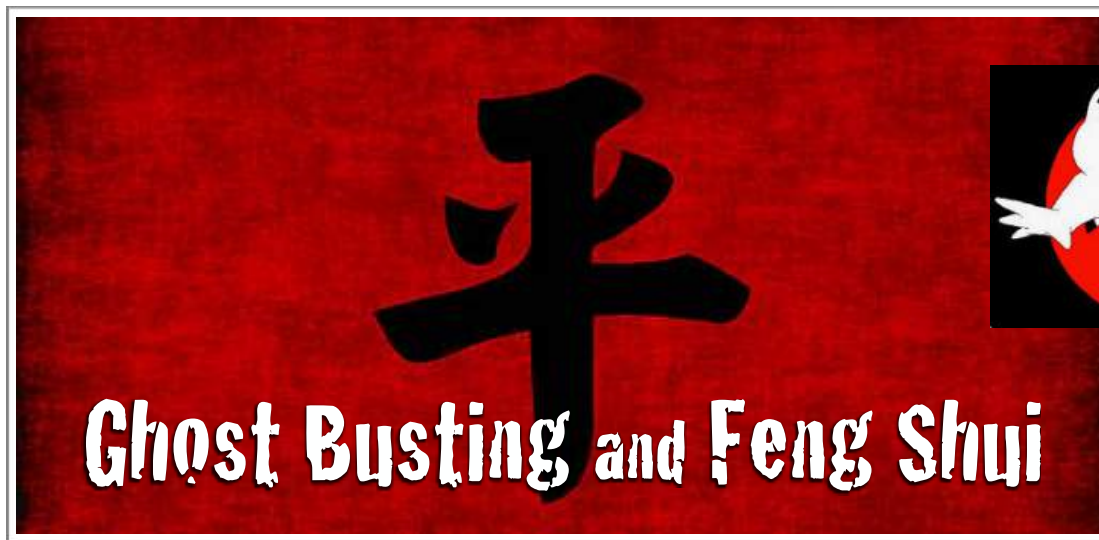
Guide: Jesus can meet with you immediately. Never mind the thousands of others, he can see everyone individually through multi-location.

Chris: I've read about that.

Guide: You'll be able to do it, too, once you remember. Let's get going; just take my hand. (*Exit Guide and Chris*)

△

**Richard Schneider is a spiritual intuitive and practitioner, Reiki Master-Teacher, and elder, who has been on his spiritual path for over 40 years. He has experienced both past-life regressions and future-life progressions. He holds degrees in journalism, theology, and architecture. He worked as a registered architect and as a full time and adjunct professor of architecture and interior design. His book [Spiral Reincarnation The Third Paradigm](#) is available on Kindle.**



Adapted from Feng Shui Expert Victor Cheung's website:  
<https://fengshuinxus.com/expert/victor-cheung/>

**F**eng Shui is not about 'superstition' and spiritual consultations are not part of classical Feng Shui. They belong in a separate body of skills and knowledge. Here I am sharing three Feng Shui rules, along with some tips to avoid attracting "ghosts" or the supernatural.

### **1. Northeast and Southwest are the "Gates" of the Spiritual Realm**

According to some experts, the Northeast corner (45 degree on compass) is the "Outer Gate" and the Southwest (215 degree on compass), on the other hand, is the "Inner Gate" of the spiritual realm. These two corners are further said to form a straight line dubbed the "Line of the Spiritual Gates." The Northeast and southwest corners of a house are where the natural realm (our world) meets the spiritual realm. And, if these two corners are not dealt with properly, the home's occupants can experience bad luck.

Because of the presence of these gates, some experts suggest that the Northeast area of the house is NOT suitable for children's bedrooms. If kids under 8 have their bedroom under this area, they may frequently wake up in the middle of the night, disturbed or scared. If your child's bedroom happens to be under these areas Feng Shui has a simple solution. Move your child's bedroom to another room. If that's not possible, avoid placing the bed in the Northeast corner of the Northeast bedroom. The same applies to the Southwest bedroom.

This area also applies to some adults as well. When an adult is sick or physically weak, some experts suggest that the person should avoid both of those areas. This is because the spiritual realm contains excessive Yin energy that can take away a person's Yang energy (perhaps the same way a black hole sucks in light). The less Yang energy the person has, the weaker the person is.

Adults who are going through "bad luck" should avoid sleeping in this area. From what I've heard, a person would experience a lot of troubles when a ghostly spirit is "following"

them. They could get a flat tire, have machines break around them, and be burdened with all sorts of similar troubles.

Some experts suggest we avoid placing anything that appears to 'float' in the Northeast and southwest corners of the house as 'floating' things, like fish, will attract spiritual entities. Therefore, fish tanks for Feng Shui purposes are not suitable in this area because their swimming motion makes it seem as if they are 'floating.'

### **2. Weeping Willow Trees Bring Yin Energies**

Experts (mostly from Asia) state that weeping willow is bad Feng Shui and should be avoided. Others say that it can cause misfortune. In the Chinese language, the character for willow has the same pronunciation as "flow" or "leak." That's why willow can bring loss of wealth, because it symbolizes wealth flowing or leaking away.

Willow tree attracts Yin energy, despite the fact that it is a life form and belongs to Yang. The reasoning is because of the downward growth, and that the branches dangle whenever it moves. That movement mimics the "floating" objects as mentioned earlier.

### **3. Graveyards and Cemeteries are Extremely Yin**

Graveyards and cemeteries are considered Feng Shui hazards. These places are extremely Yin because of their stillness and quietness, along with the fact that the dead are buried there. These are the kinds of energies can attract ghosts. Hospitals and retirement centers are similar because they are places where people pass away. However, their Yin energy is not as profound as in graveyards and cemeteries.

How cemeteries and graveyards affect us differ by individual. People who are more sensitive would get bothered more easily. Others who have overwhelming Yang energies (such as young males) would not get bothered. There are also a few people who think living next to a cemetery is pleasant because of its quietness and ease of parking.

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The size of the graveyard or cemetery determines the strength of its Yin energy. For instance, a large cemetery with one house around could be adversely impacted by its Yin energies. Conversely, a small cemetery in the middle of a lively city would seem less spooky because of the overwhelming Yang energies (those of the living) that surround it. The surrounding Yang energy of the city completely overwhelms the Yin energy of this small cemetery, making it less “spooky”.

If you live next to a graveyard or cemetery, some experts suggest that you place a calabash on the side of the wall that faces the cemetery or graveyard. The color and material of the calabash to be used differ by the direction of where the graveyard is located relative to your house. However, I have my doubts. The best cure is to avoid living close to a cemetery.

There are also other objects that are said to expel evil, such as the Feng Shui Qi Lin, stone lions, and the Bagua Mirror. Some Feng Shui tips suggest that you place a statue or figurine somewhere in your house as a Feng Shui cure. Although these tips are sometimes considered religious, they do not belong to classical Feng Shui. I agree that some statues can bring us peace of mind. But, you should be careful when choosing your statues or figurines. According to stories I’ve heard, if you burn incense, bring offering, or pray to that statue, it can get *enchanted*. Once the statue is enchanted, spiritual beings can dwell inside. This, however, only applies to objects that have a human face.

So, what kinds of spiritual beings would live inside the statue. Some say if you pray with evil intentions, evil spirits will reside and can bring you trouble. If you pray with devotion and compassion, blessed spirits will reside and protect you.

If you stop praying or making offerings to that statue, it is said to become an empty house for the spirits and any kind of spirit can enter and reside within. This should definitely be avoided, because the presence of these spirits can bring periods of “bad luck,” as mentioned earlier.

You should be careful with what statues you buy. If you buy one from an antique store, for example, it is wise to get its history. But if you’re just buying a figurine off the shelf of a retail store, then you should have nothing to worry about.

Classical Feng Shui is about analyzing the Form and the Compass with the goal to better our living. It makes rare mentions about the spiritual world. However, the Feng Shui rules mentioned above may be a result of Feng Shui’s integration with the Chinese culture, where stories of unexplainable phenomenon or paranormal activities are prevalent. If you experience any of these, you may have better luck space cleansing, seeking out a medium, or a ghostbuster.

△

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